

“2011-2013 Virginia Adolescent Substance Use: Perception, Use, Discipline and Now What?”

Virginia Department of Education

May 28, 2014

Jo Ann Burkholder

Agenda

- 2013 Virginia Youth Survey -9-12th grade
- 2013 Tobacco/Substance Use Violations
Reported by Virginia Public School Divisions
- Virginia Board of Education and Department of Education
- Safe and Drug-Free Schools and Communities
Act History
- Collaborative Efforts

Virginia Public Schools Student Count

Grade	Population Fall 2013	Population Fall 2012	Population Fall 2011
PK – 5th	611,167	605,610	600,803
6th-8th	285,345	283,768	281,563
9th-12th	376,699	375,502	376,155
Total	1,273,211	1,264,880	1,258,521



The 2013 Virginia Youth Survey (VYS) was completed by 6,935 students in 116 public high schools in Virginia during the fall of 2013. The school response rate was 86%, the student response rate was 79%, and the overall response rate was 68%. The results are representative of all students in grades 9-12.

The weighted demographic characteristics of the sample are as follows:

Female 48.8%	9th grade 26.9%	Asian 6.3%
Male 51.2%	10th grade 25.4%	Black* 23.2%
	11th grade 23.6%	Hispanic/Latino 11.4%
	12th grade 23.4%	White* 54.5%
	Other 0.8%	All other races 0.9%
		Multiple races 3.7%

Students completed a self-administered, anonymous, 99-item questionnaire. Survey procedures were designed to protect the privacy of students by allowing for anonymous and voluntary participation. Local parental permission procedures were followed before survey administration. The VYS is sponsored by the Virginia Department of Health and the Virginia Foundation for Health Youth with support from the Virginia Department

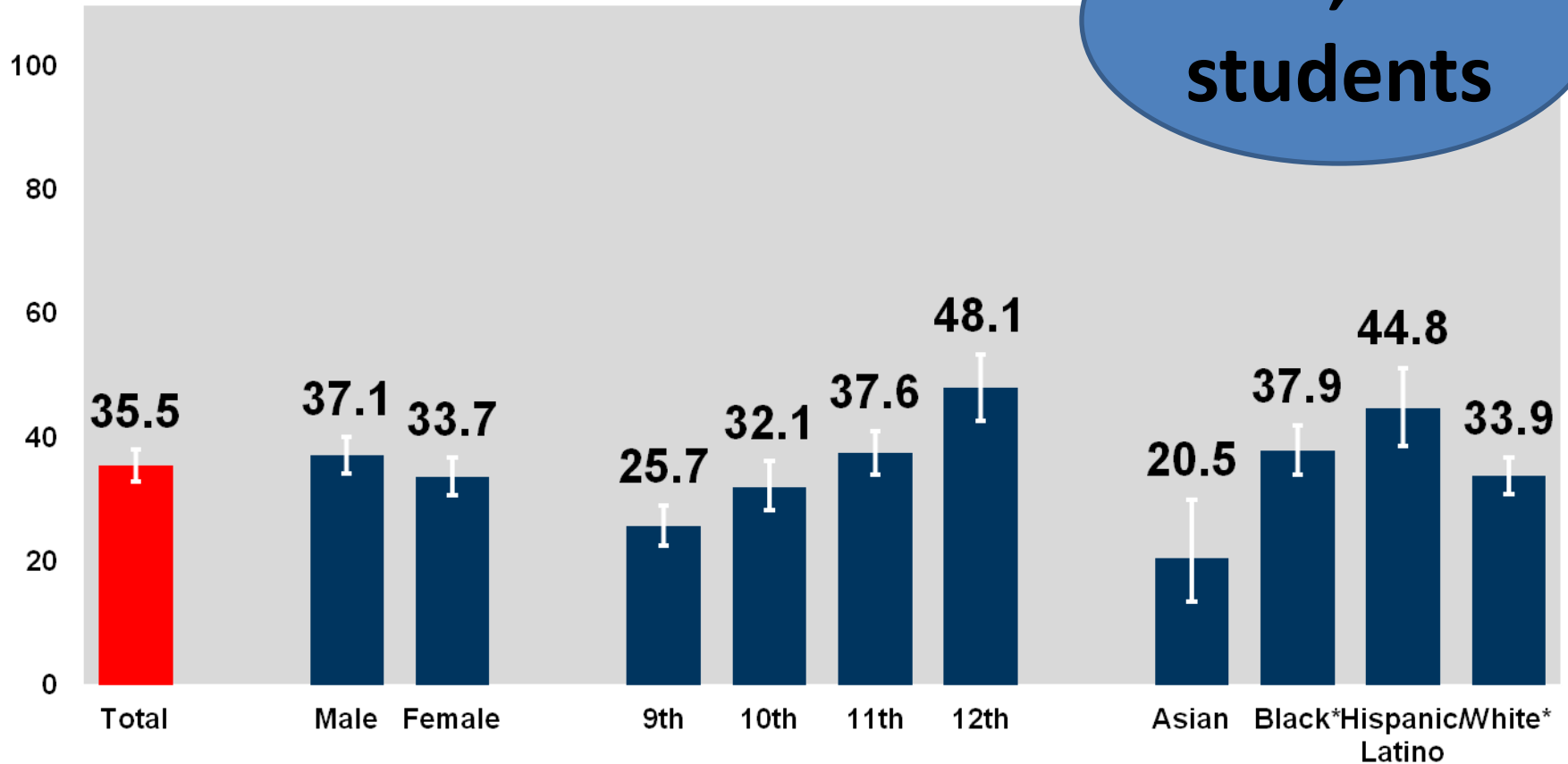


Tobacco

Virginia High School Survey

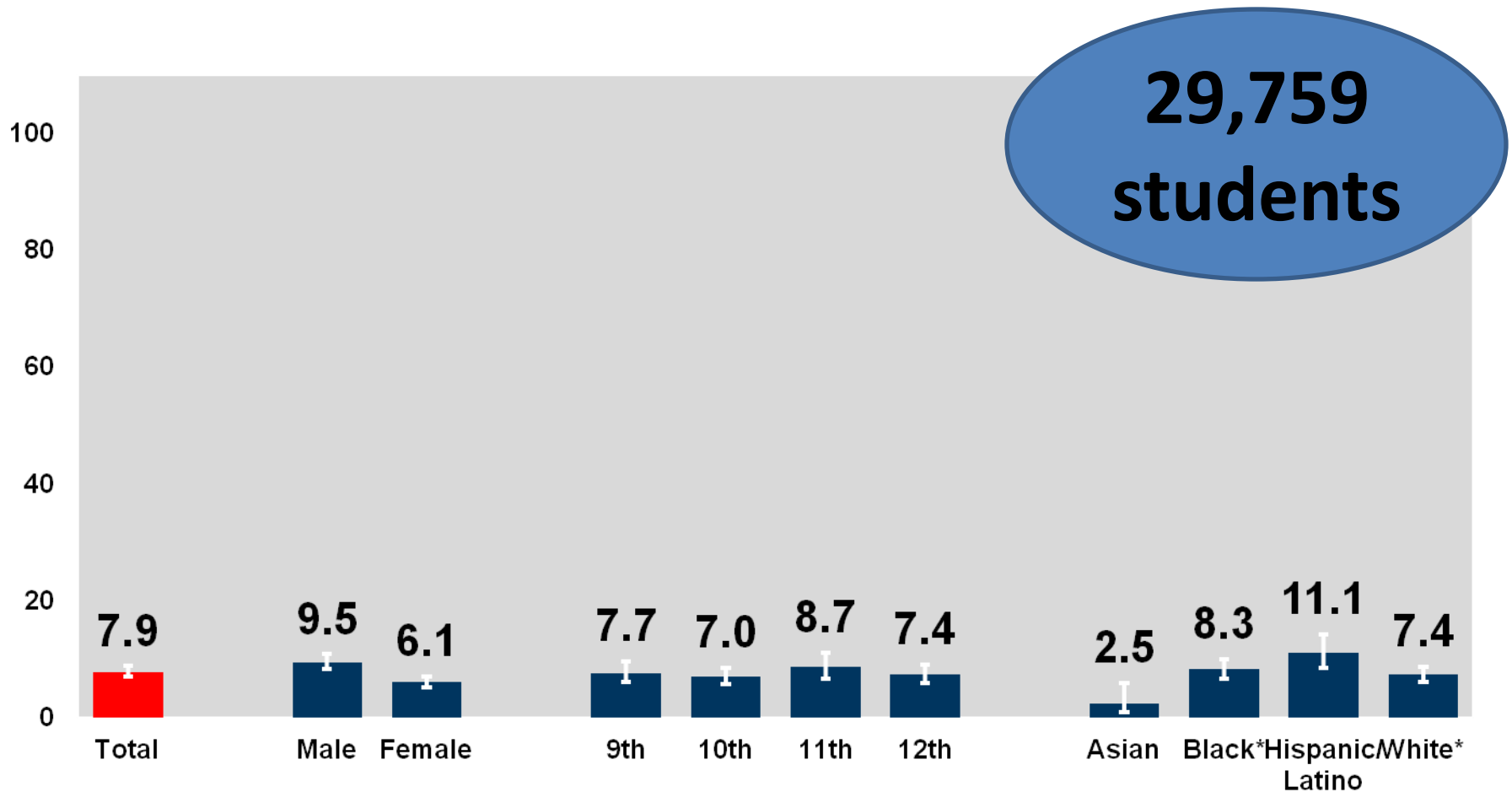
Percentage of students who ever tried cigarette smoking, even one or two puffs

133,728
students



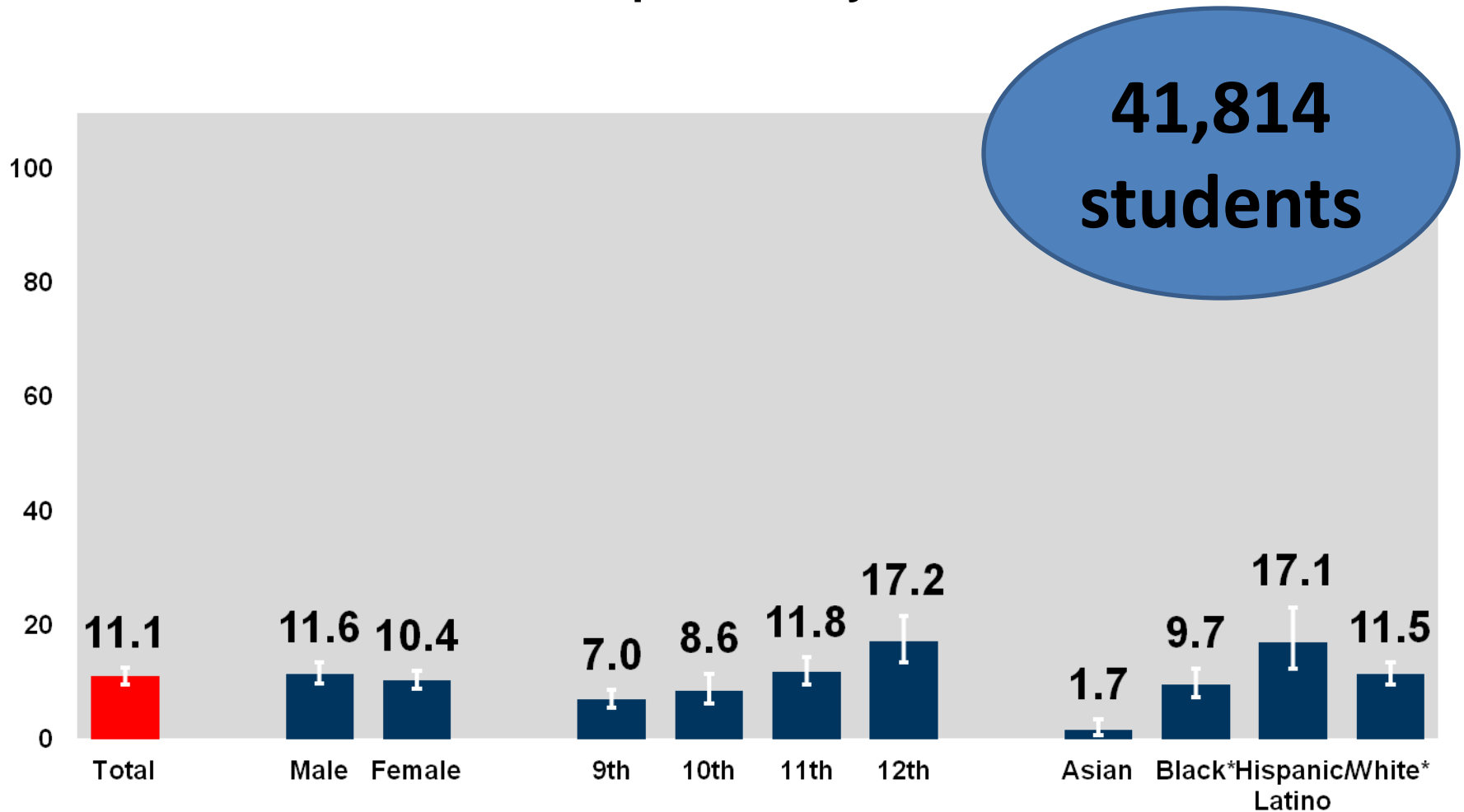
Virginia High School Survey

Percentage of students who smoked a whole cigarette for the first time before age 13 years



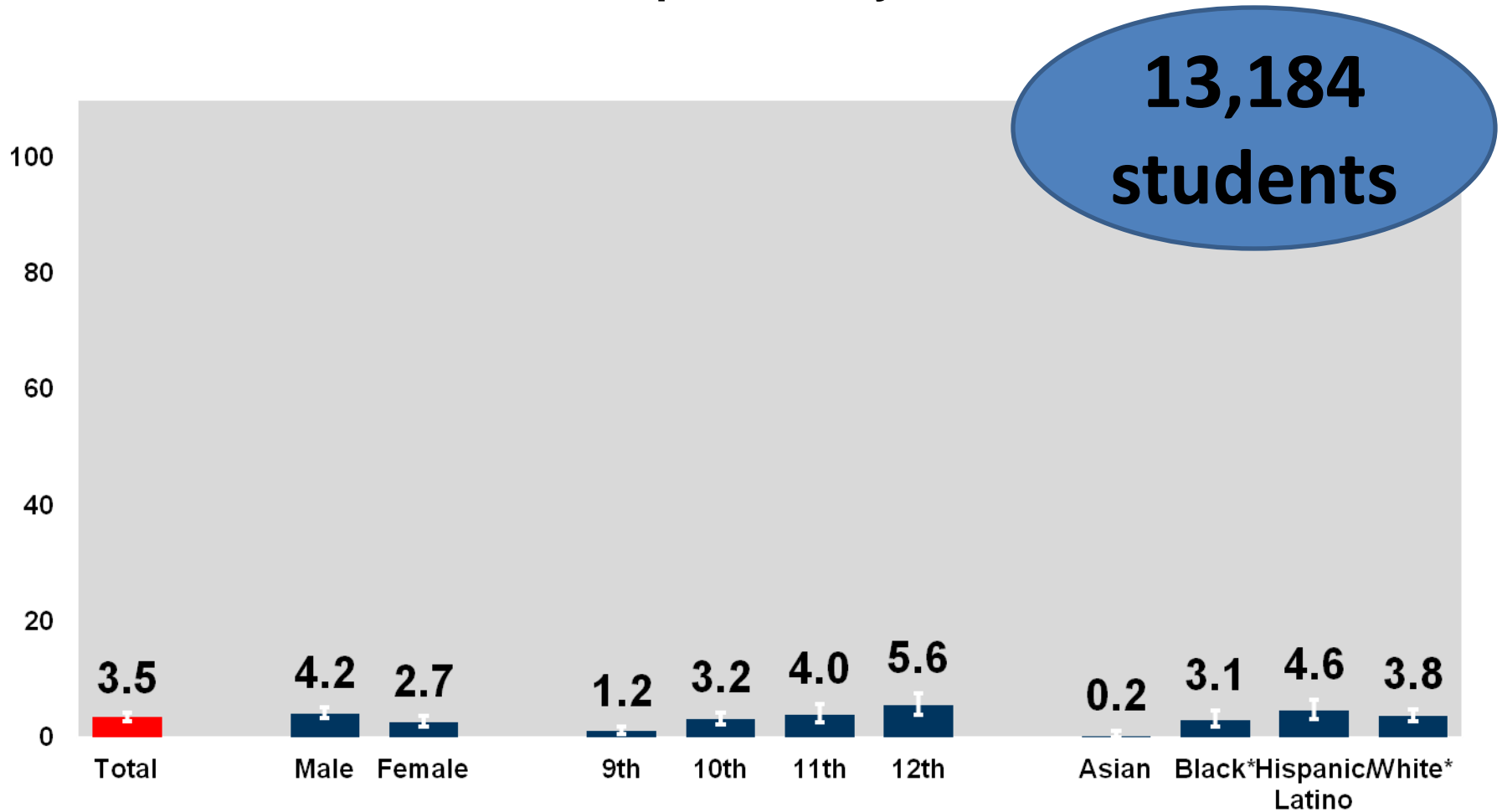
Virginia High School Survey

Percentage of students who smoked cigarettes on one or more of the past 30 days



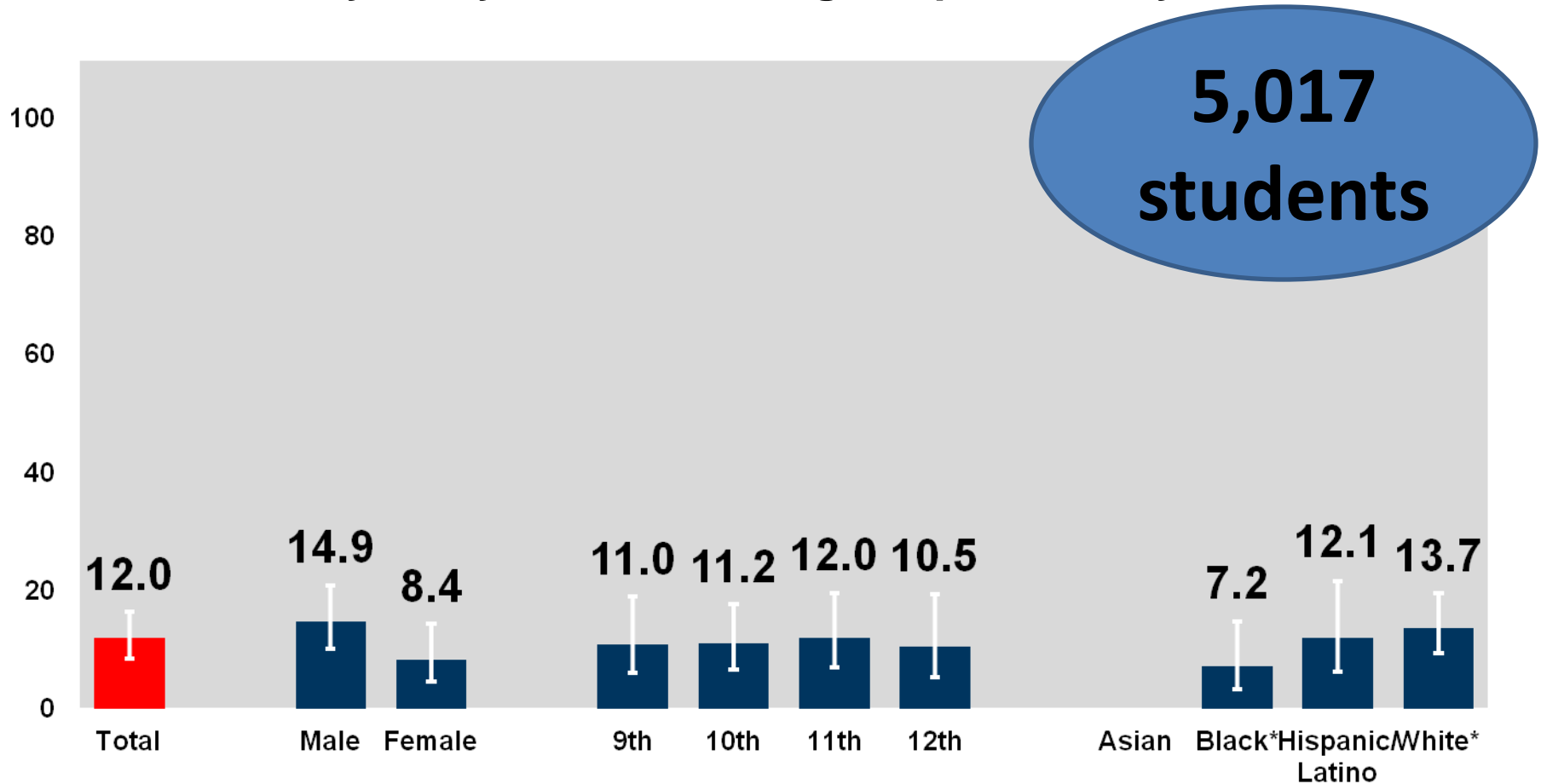
Virginia High School Survey

Percentage of students who smoked cigarettes on 20 or more of the past 30 days



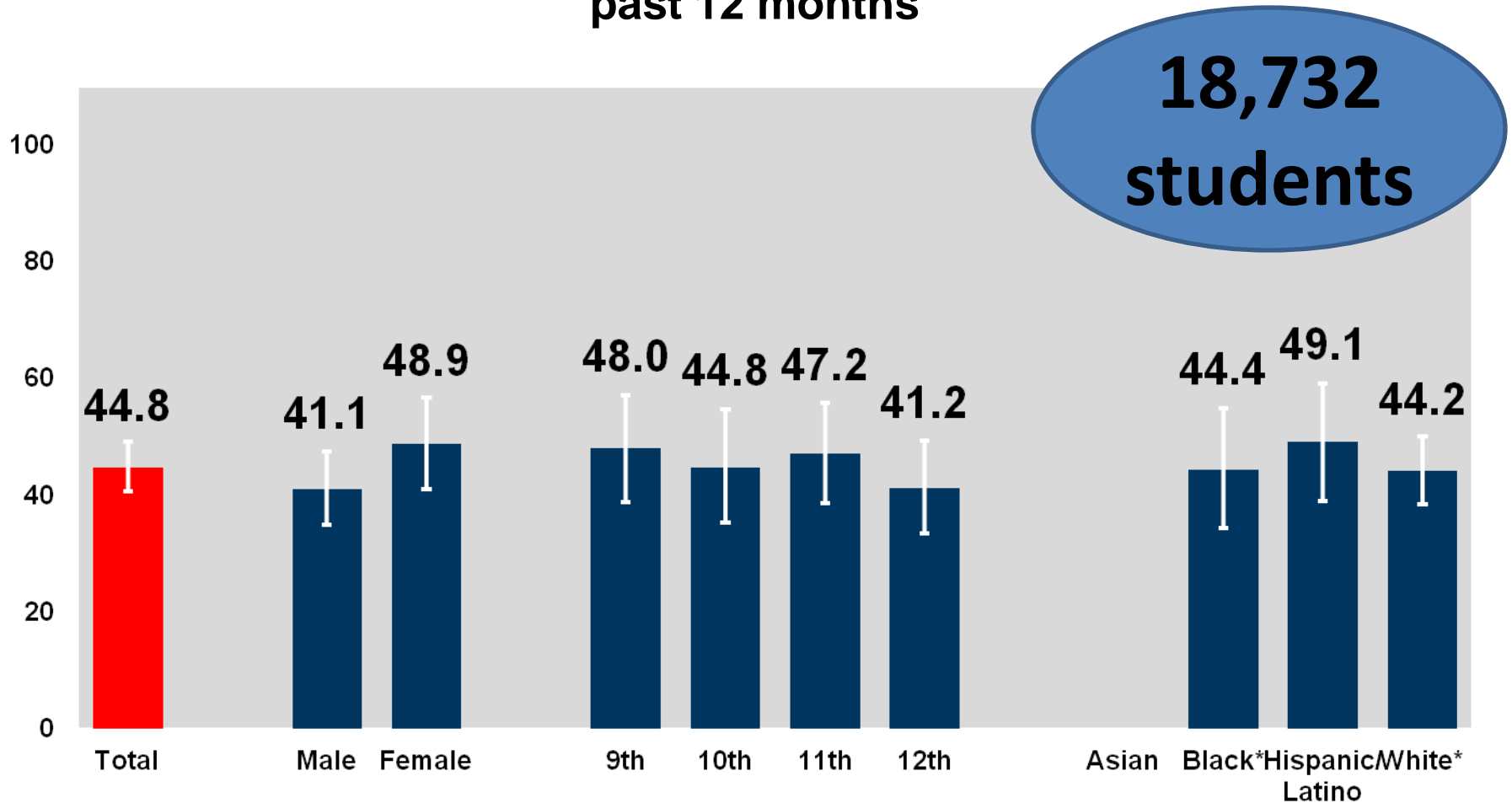
Virginia High School Survey

Among students who reported current cigarette use, the percentage who smoked more than 10 cigarettes per day on the days they smoked during the past 30 days



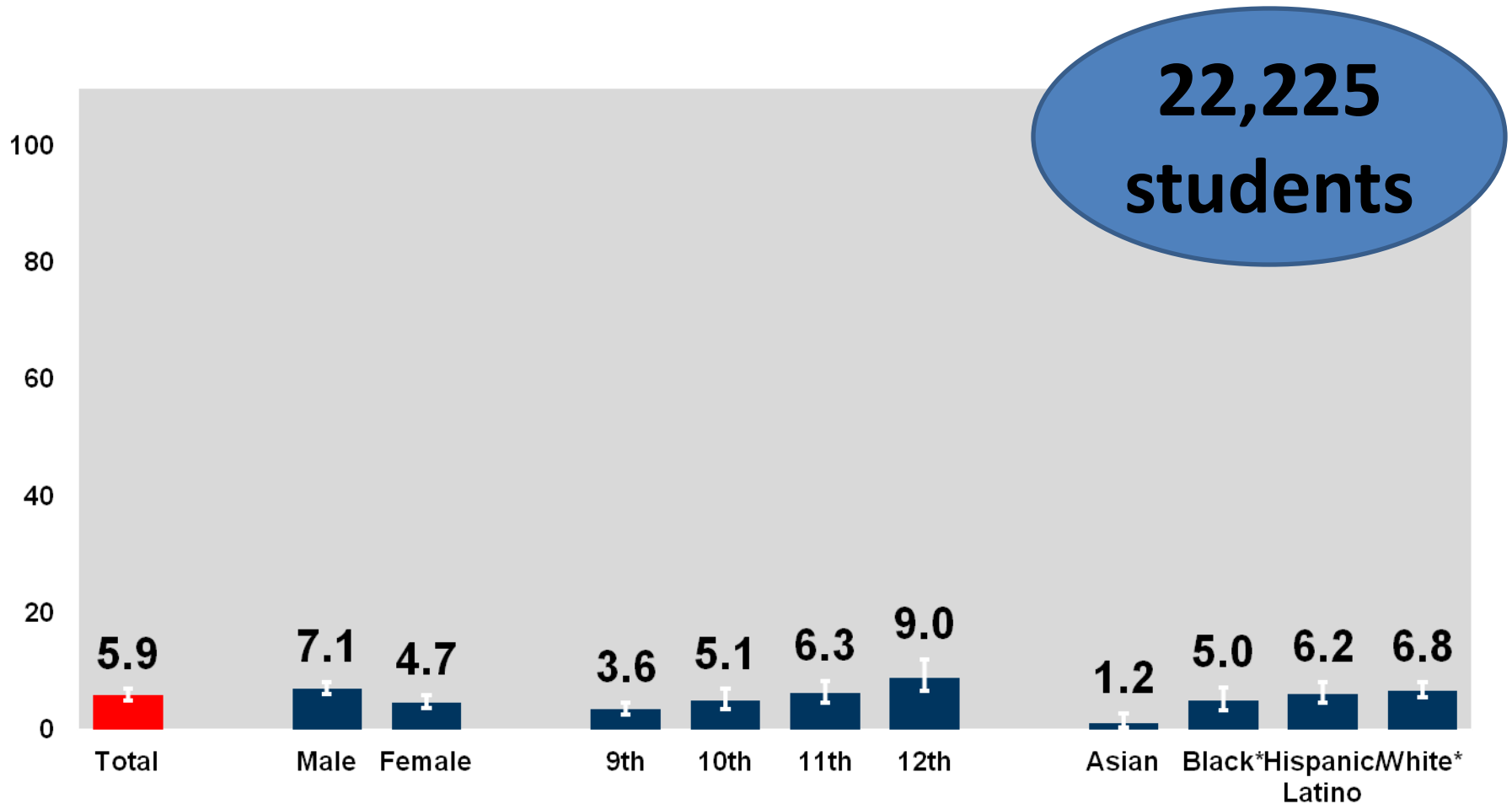
Virginia High School Survey

Among students who reported current cigarette use, the percentage who ever tried to quit smoking cigarettes during the past 12 months



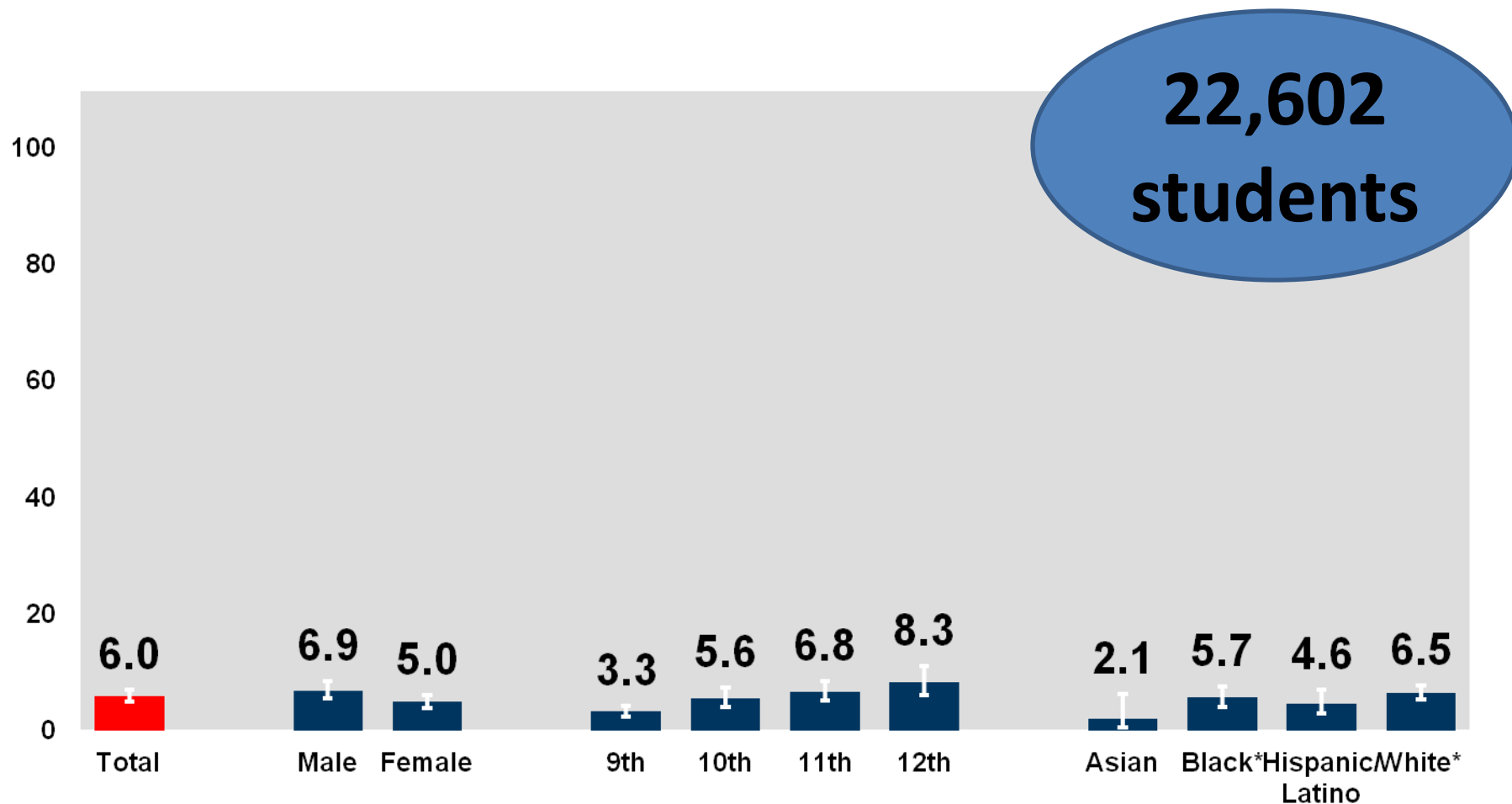
Virginia High School Survey

**Percentage of students who ever smoked cigarettes daily, that is,
at least one cigarette every day for 30 days**



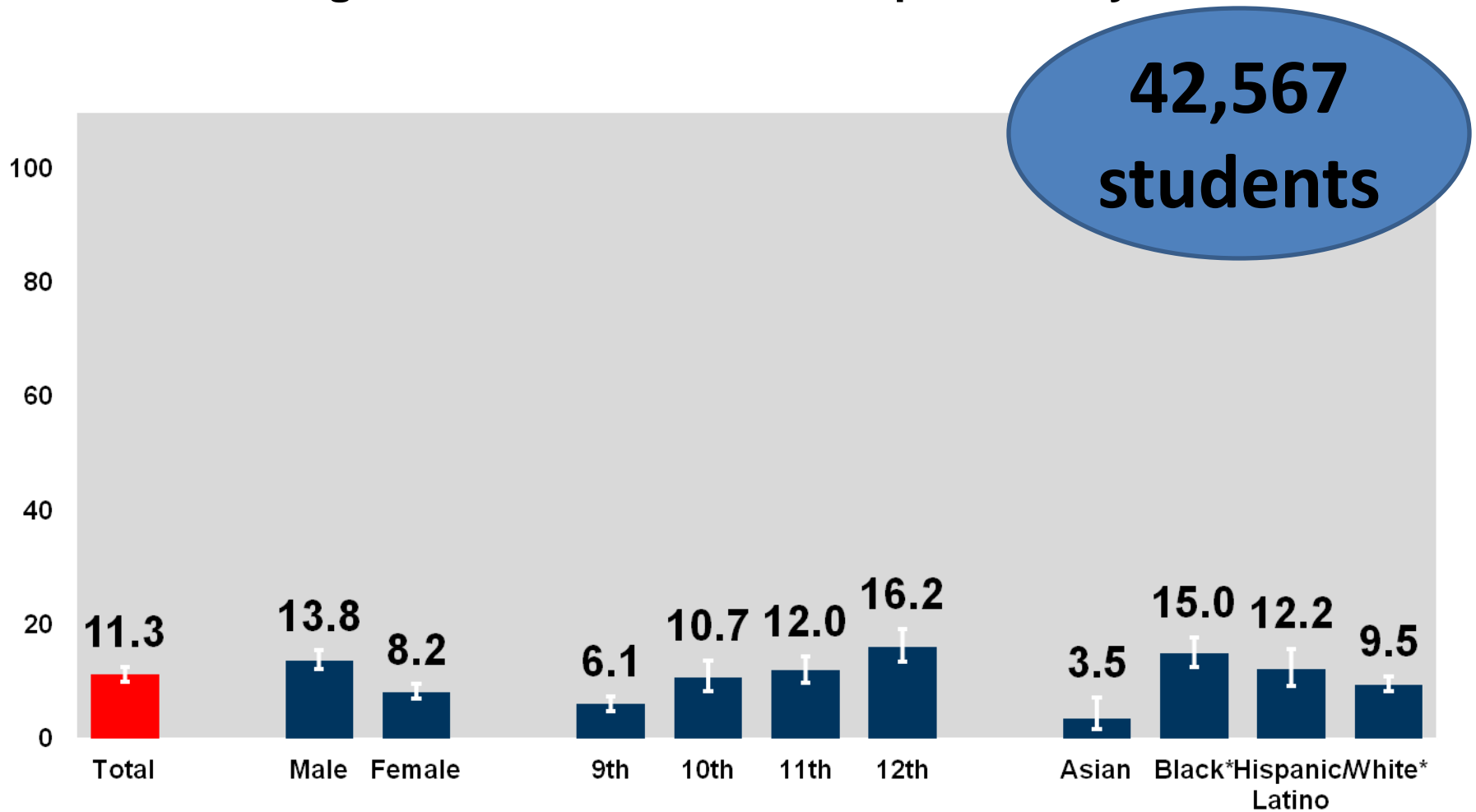
Virginia High School Survey

Percentage of students who mostly used flavored little cigars or cigarettes or electronic cigarettes during the past 30 days



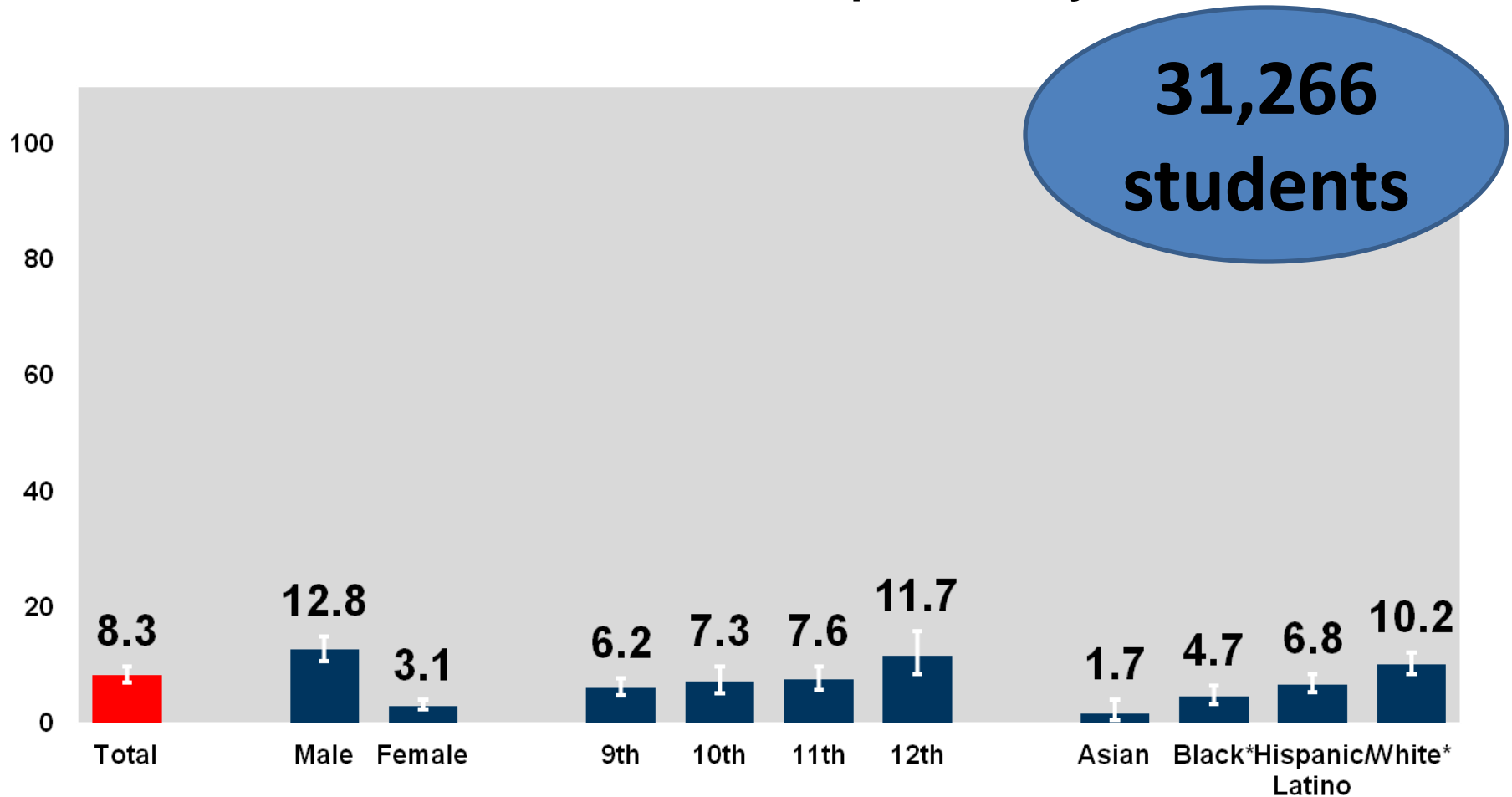
Virginia High School Survey

Percentage of students who smoked cigars, cigarillos, or little cigars on one or more of the past 30 days



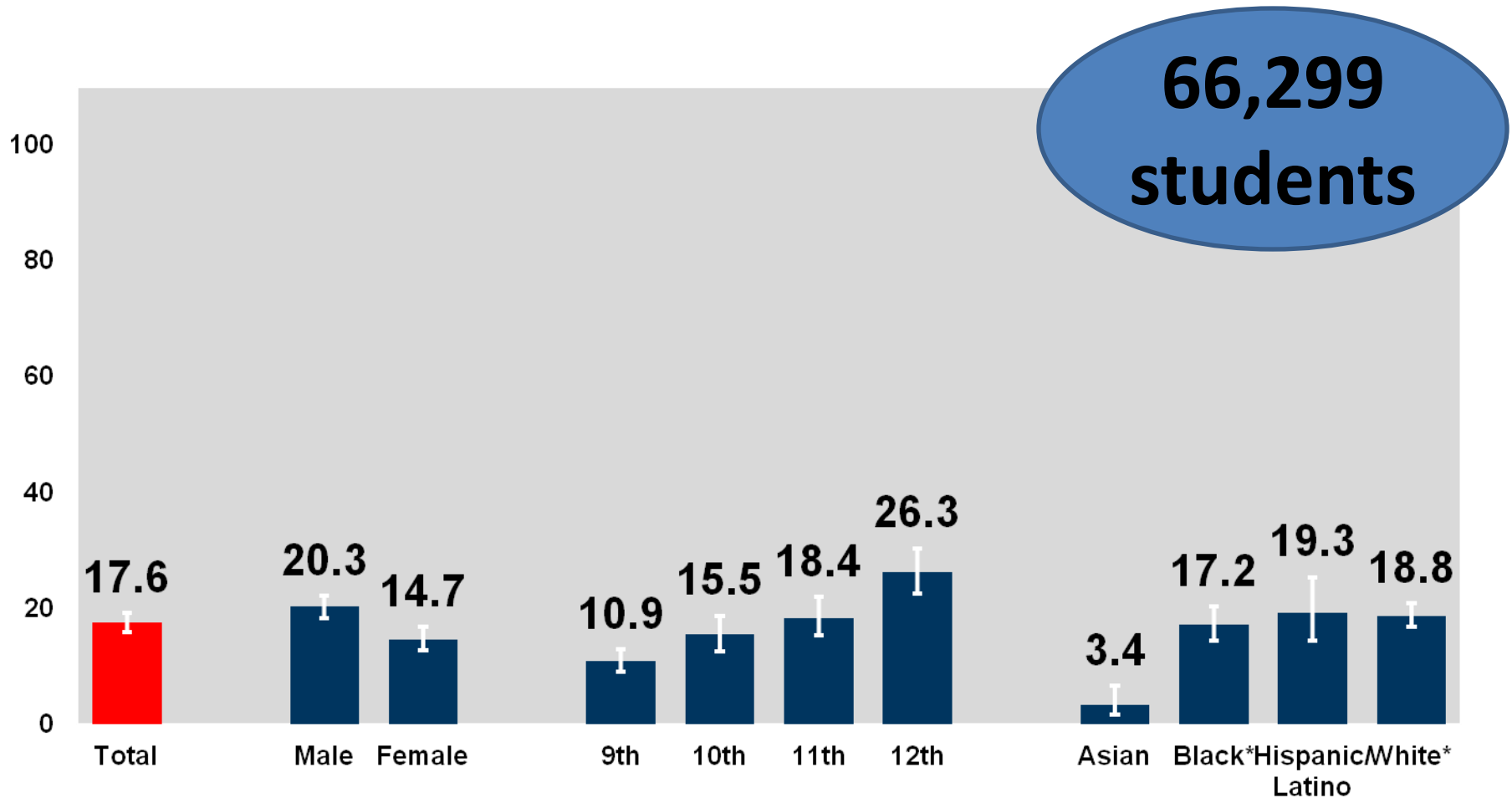
Virginia High School Survey

Percentage of students who used chewing tobacco, snuff, or dip
on one or more of the past 30 days



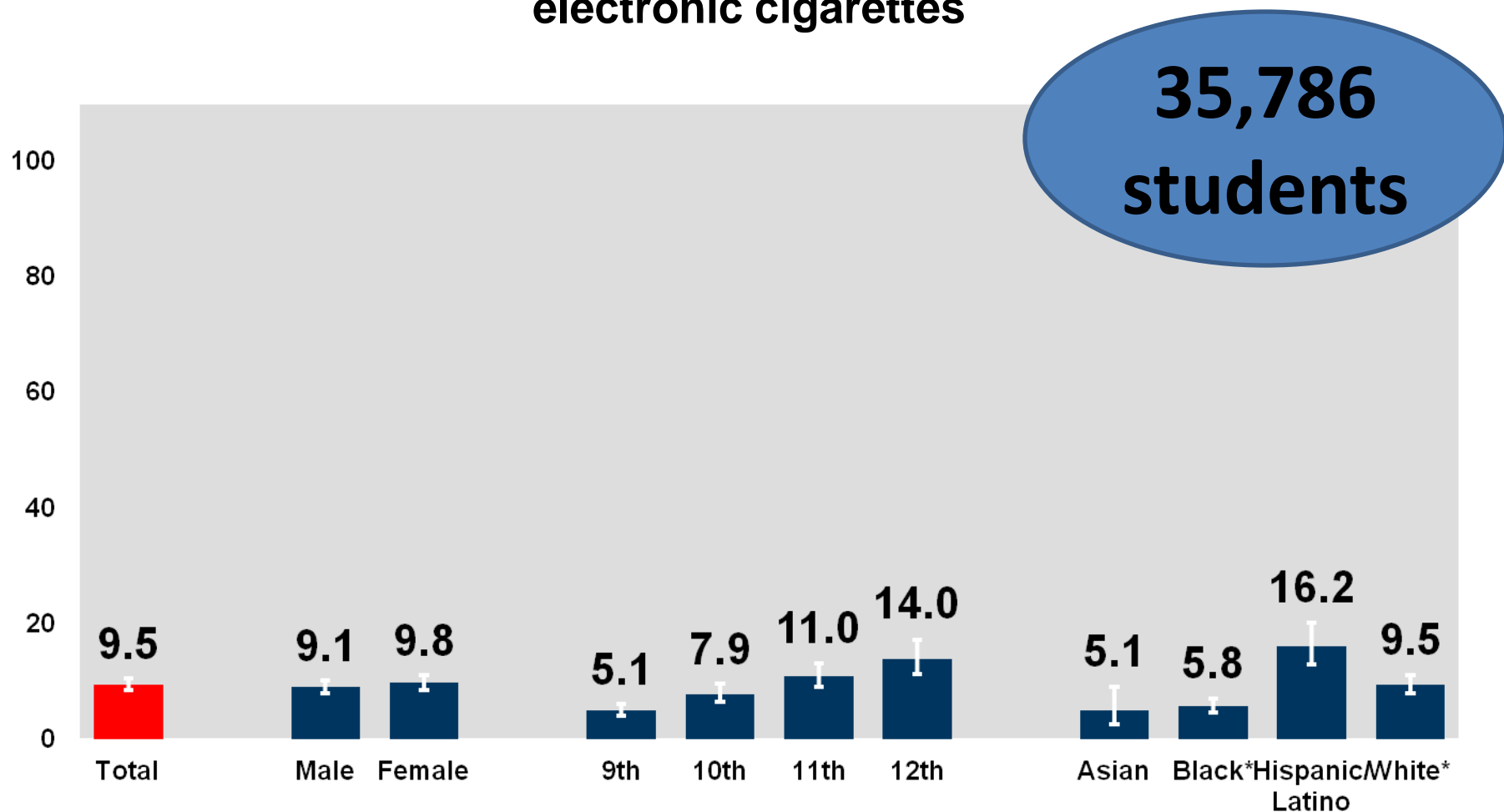
Virginia High School Survey

Percentage of students who smoked cigarettes or cigars or used chewing tobacco, snuff, or dip on one or more of the past 30 days



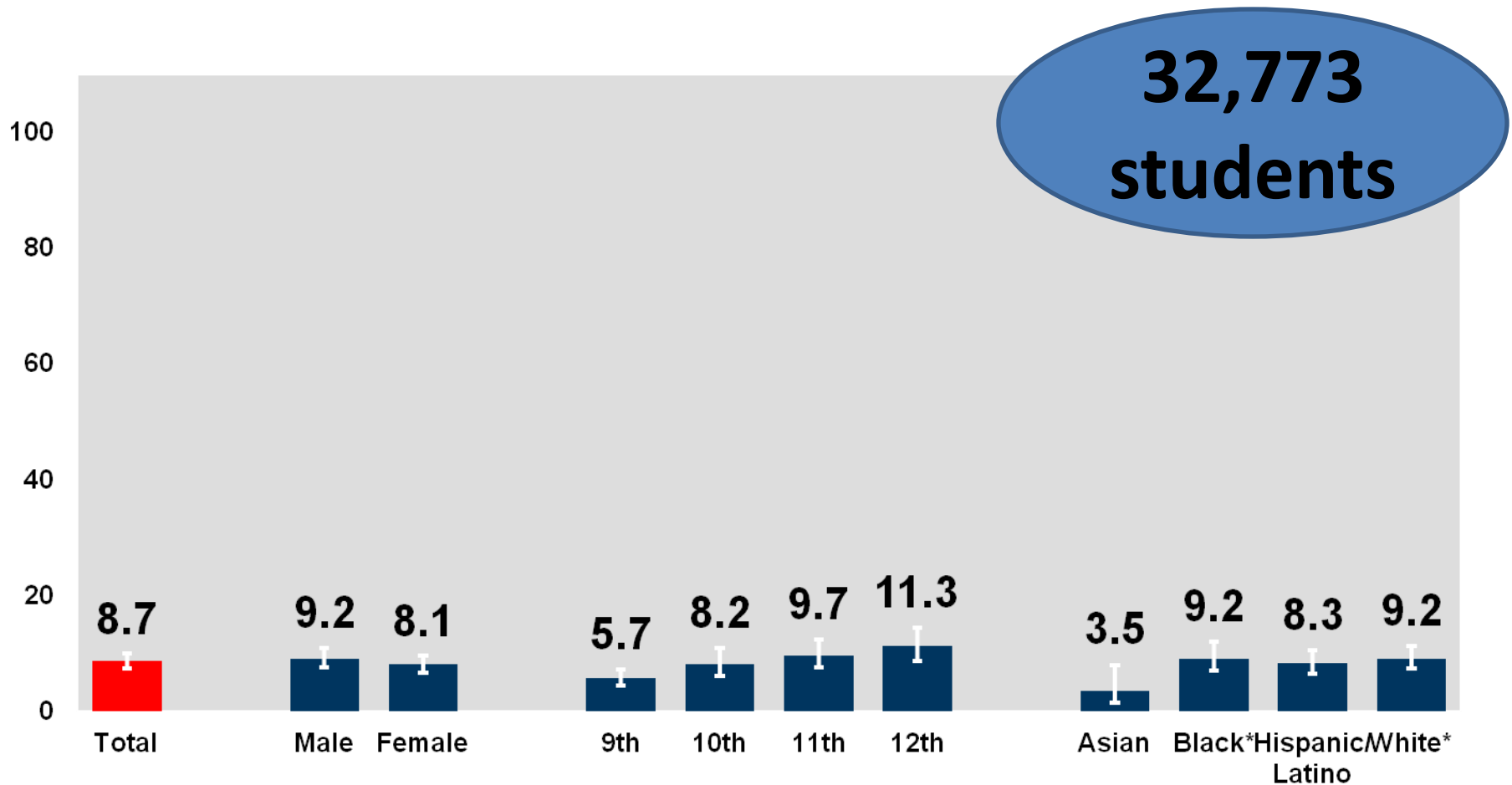
Virginia High School Survey

Percentage of students who most recently tried smoking tobacco from a hookah or waterpipe, dissolvable tobacco products, or electronic cigarettes



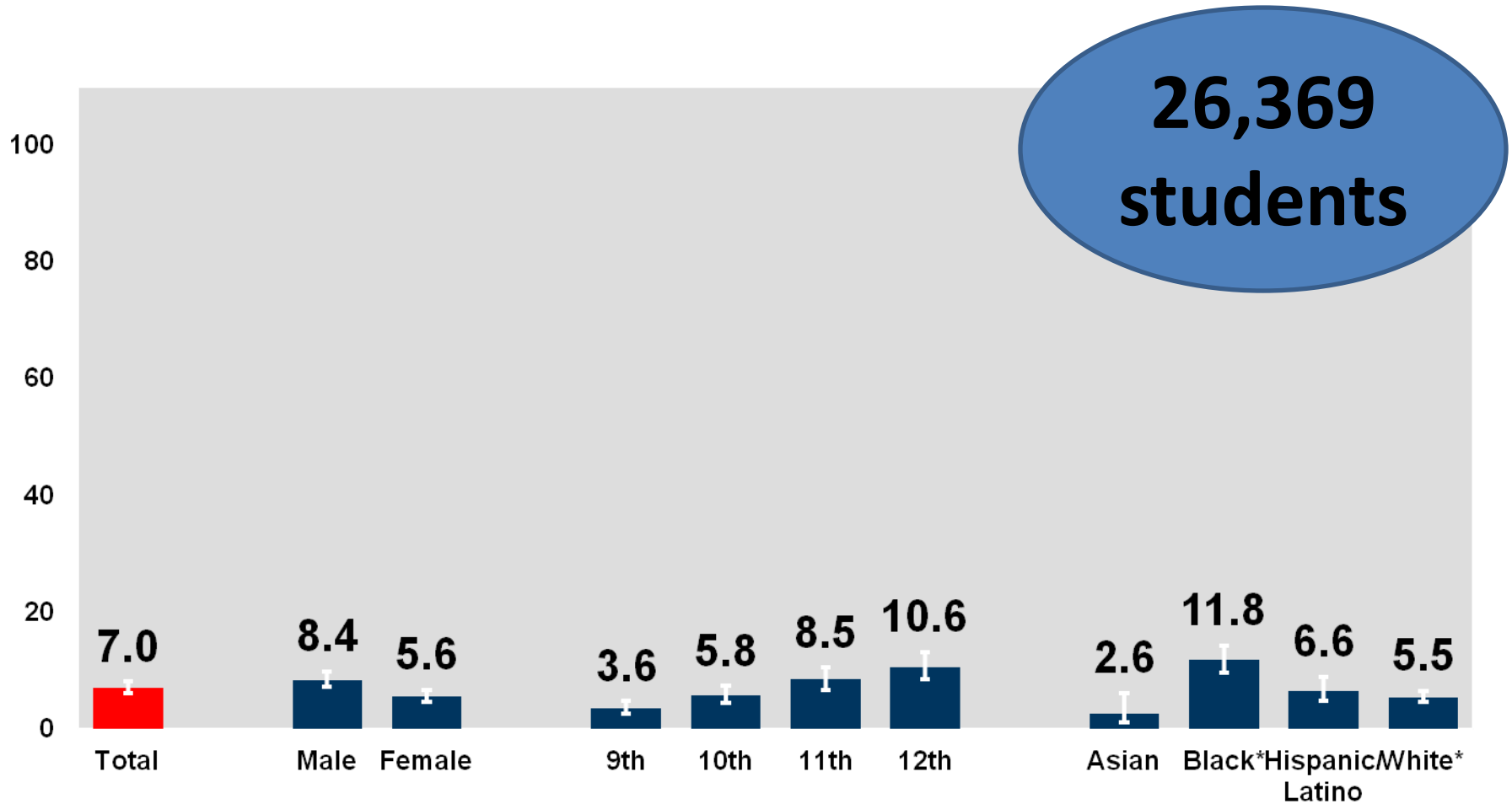
Virginia High School Survey

Percentage of students who smoked Marlboro or Newport brand of cigarettes during the past 30 days



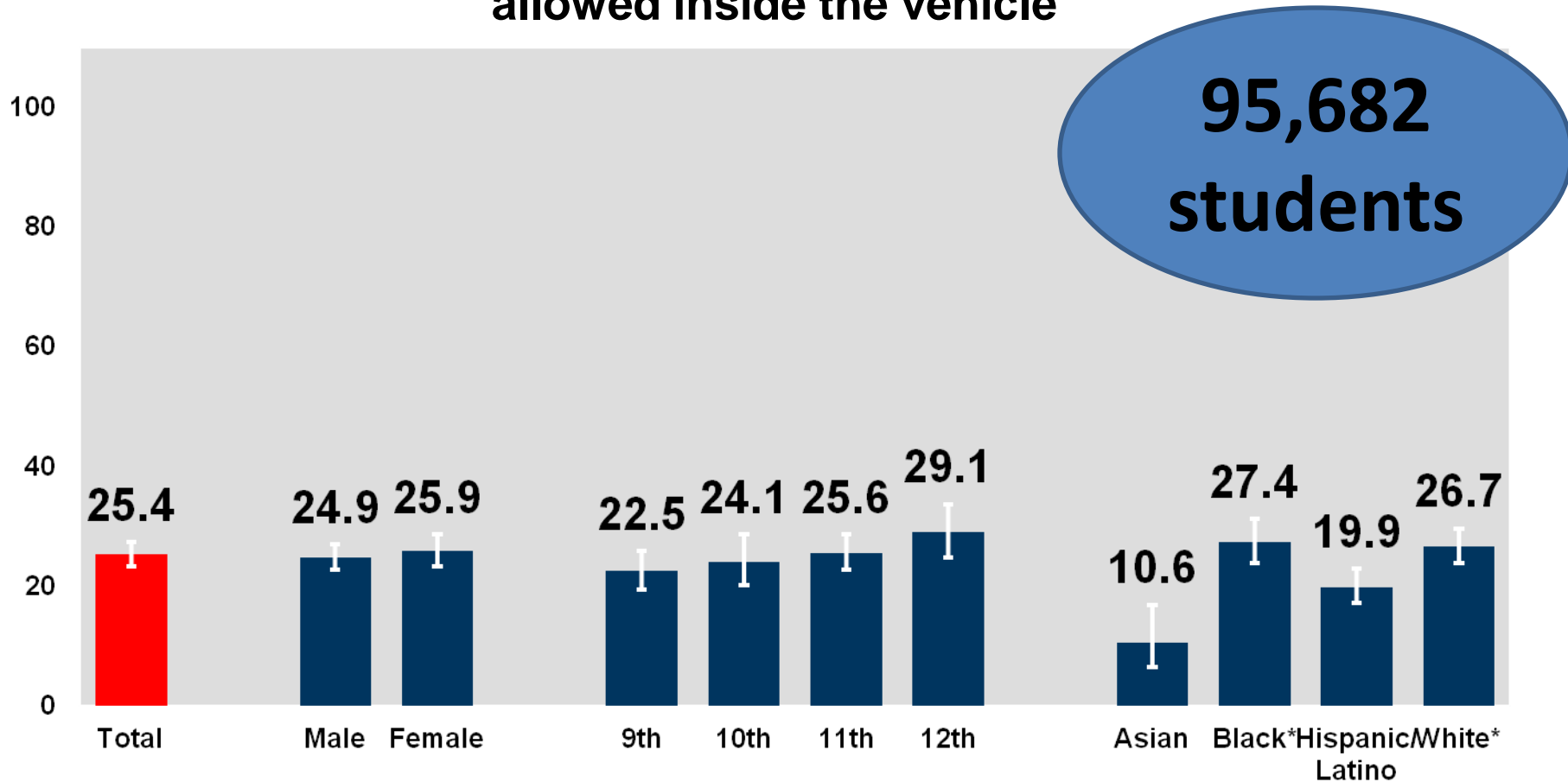
Virginia High School Survey

Percentage of students who usually smoked cigarillos or small cigars during the past 30 days



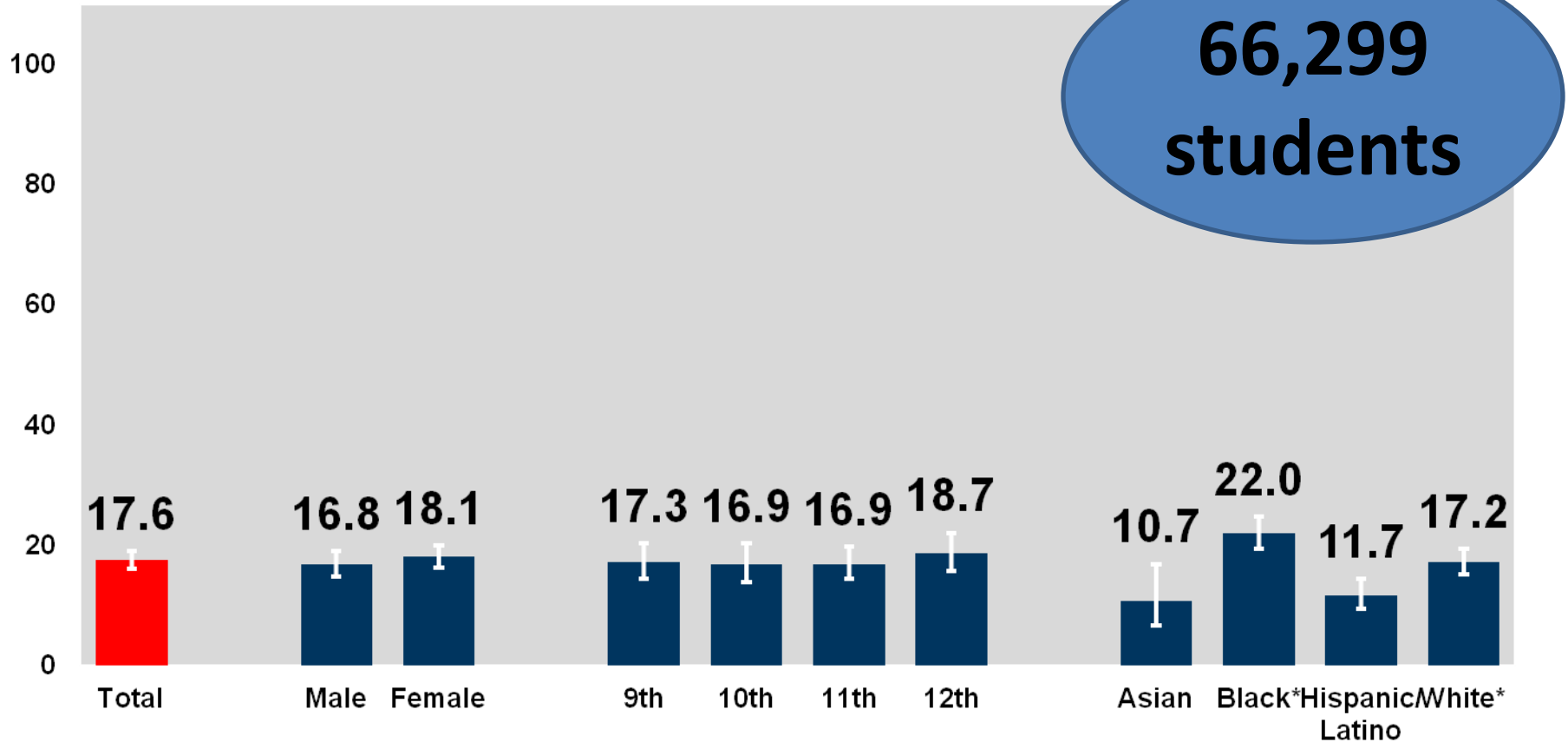
Virginia High School Survey

Percentage of students who describe the rule about smoking in the vehicle they drive or ride in the most as smoking is sometimes allowed inside the vehicle or smoking is always allowed inside the vehicle



Virginia High School Survey

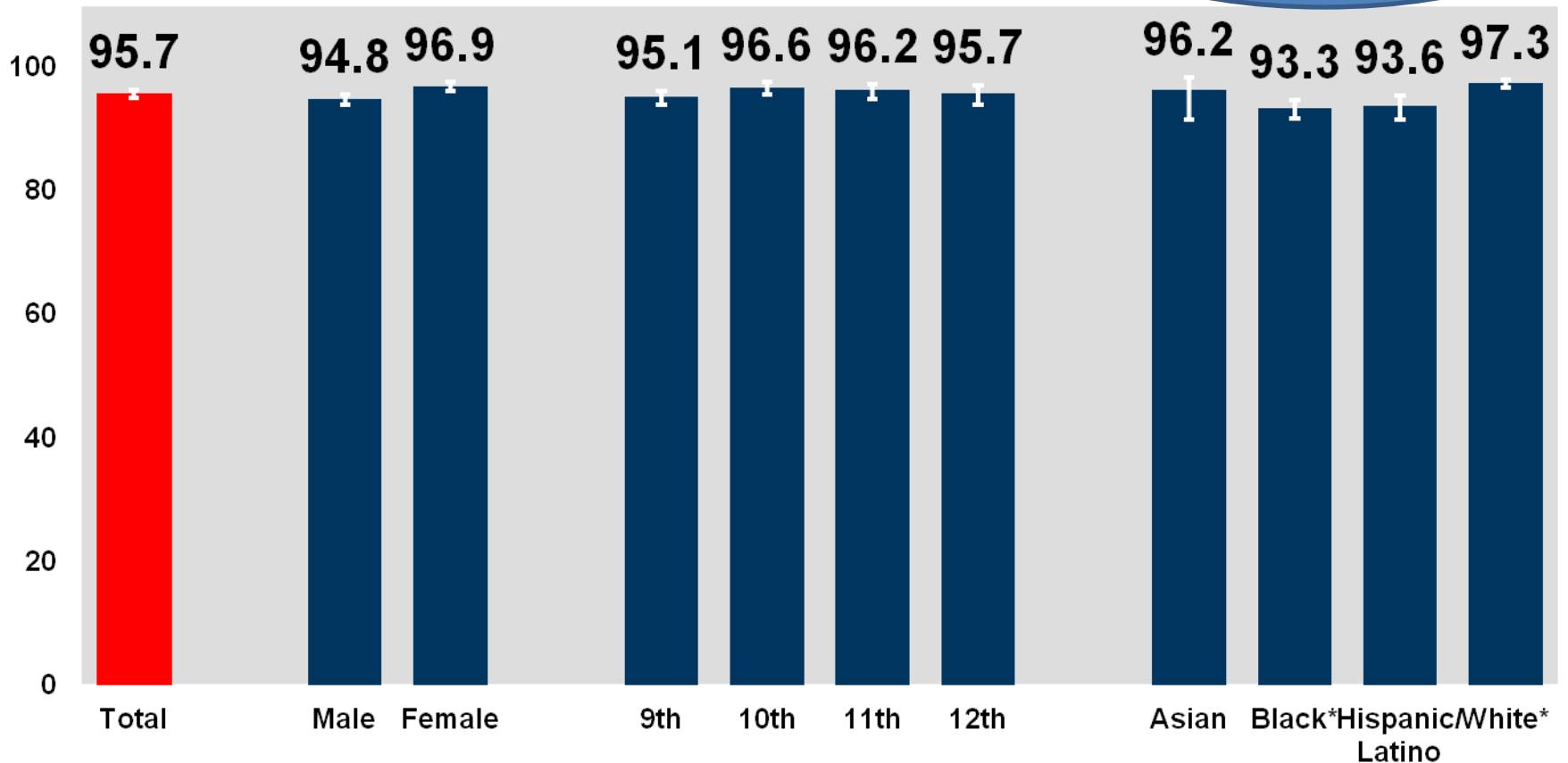
Percentage of students who describe the rule about smoking inside the home where they live as smoking is allowed at some times or in some places or smoking is always allowed inside their home



Virginia High School Survey

Percentage of students who say smoking flavored cigarettes is very or somewhat dangerous to their health

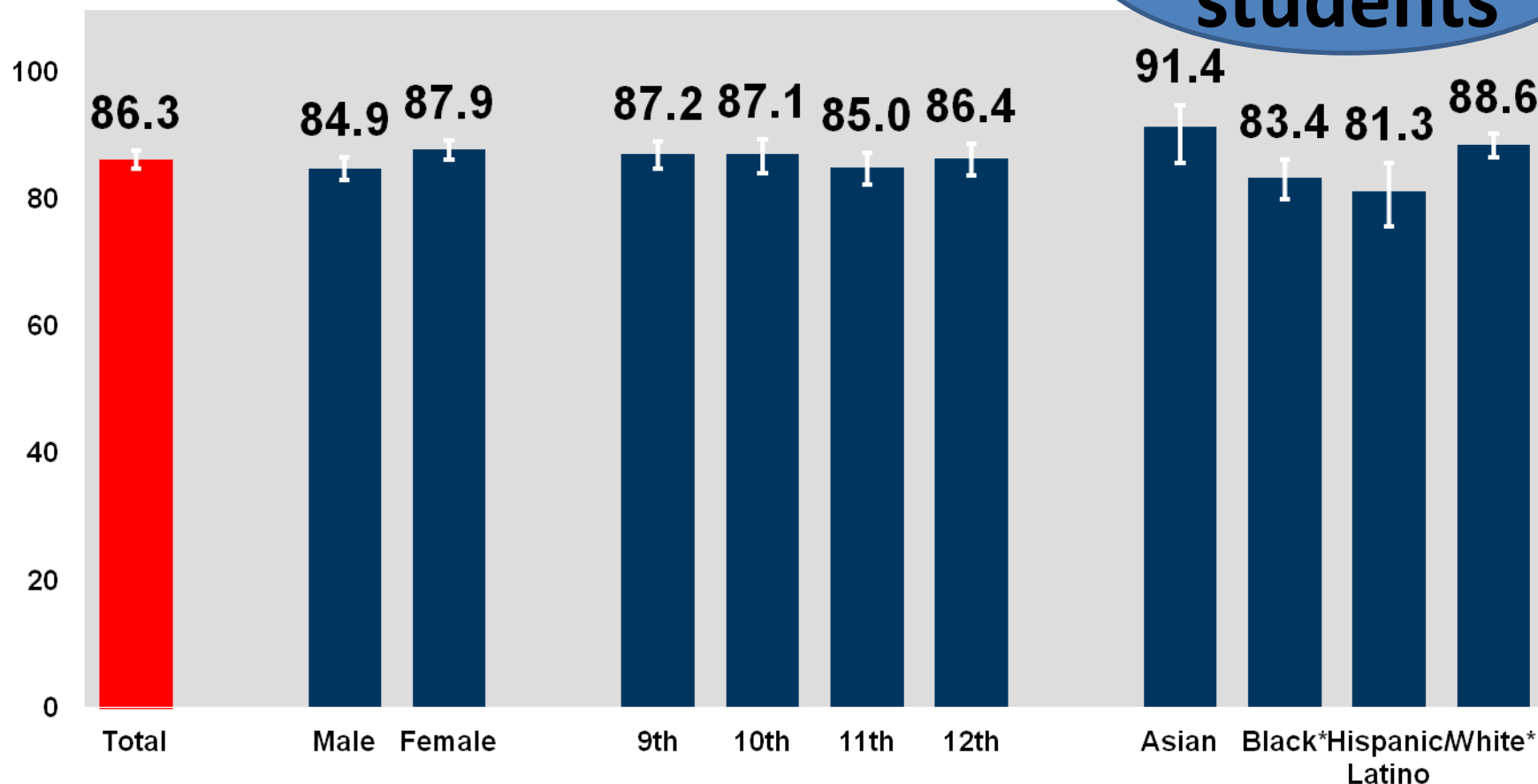
**360,501
students**



Virginia High School Survey

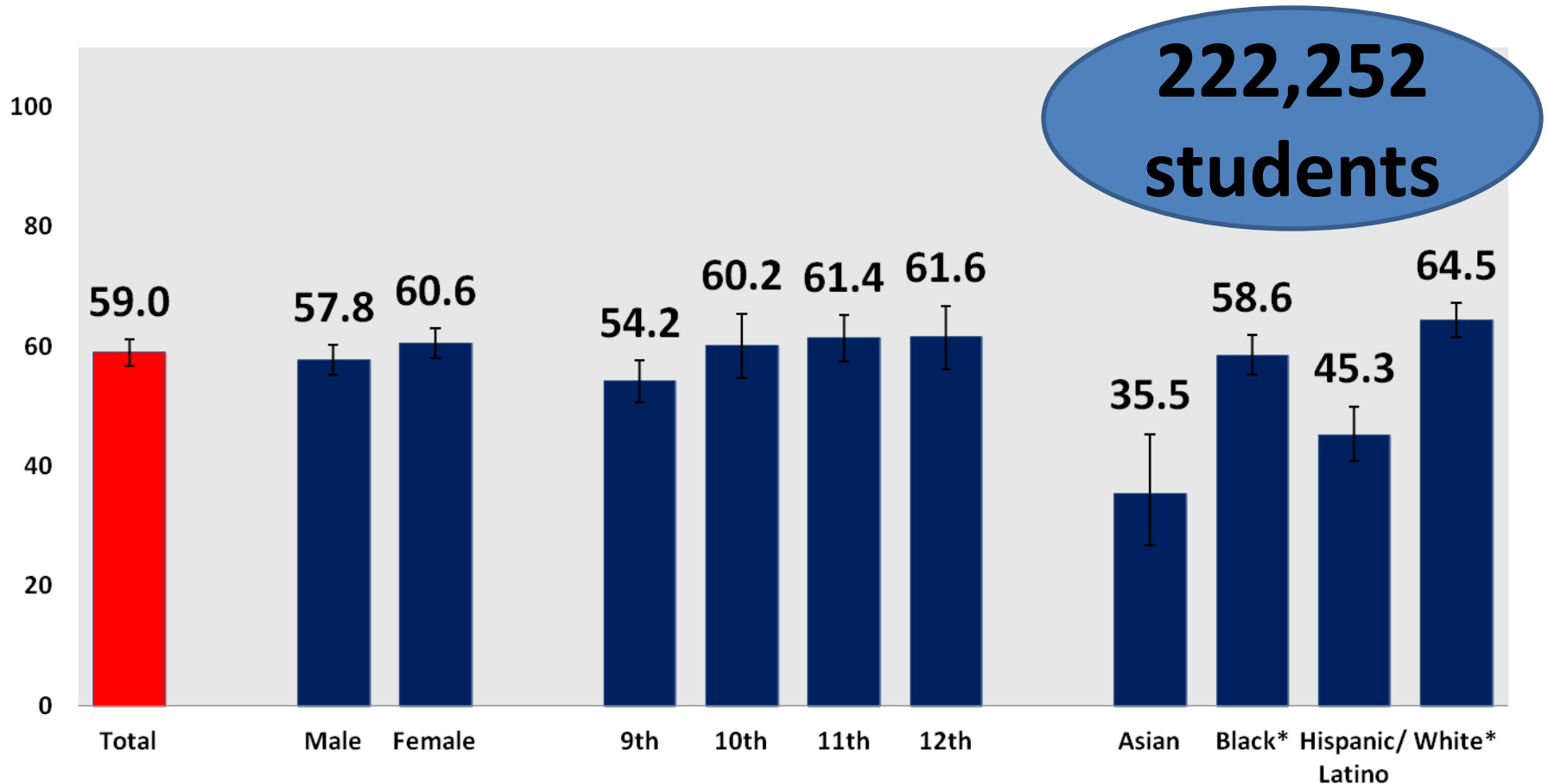
Percentage of students who say smoking from a hookah or waterpipe is very or somewhat dangerous to their health

325,091
students



Virginia High School Survey

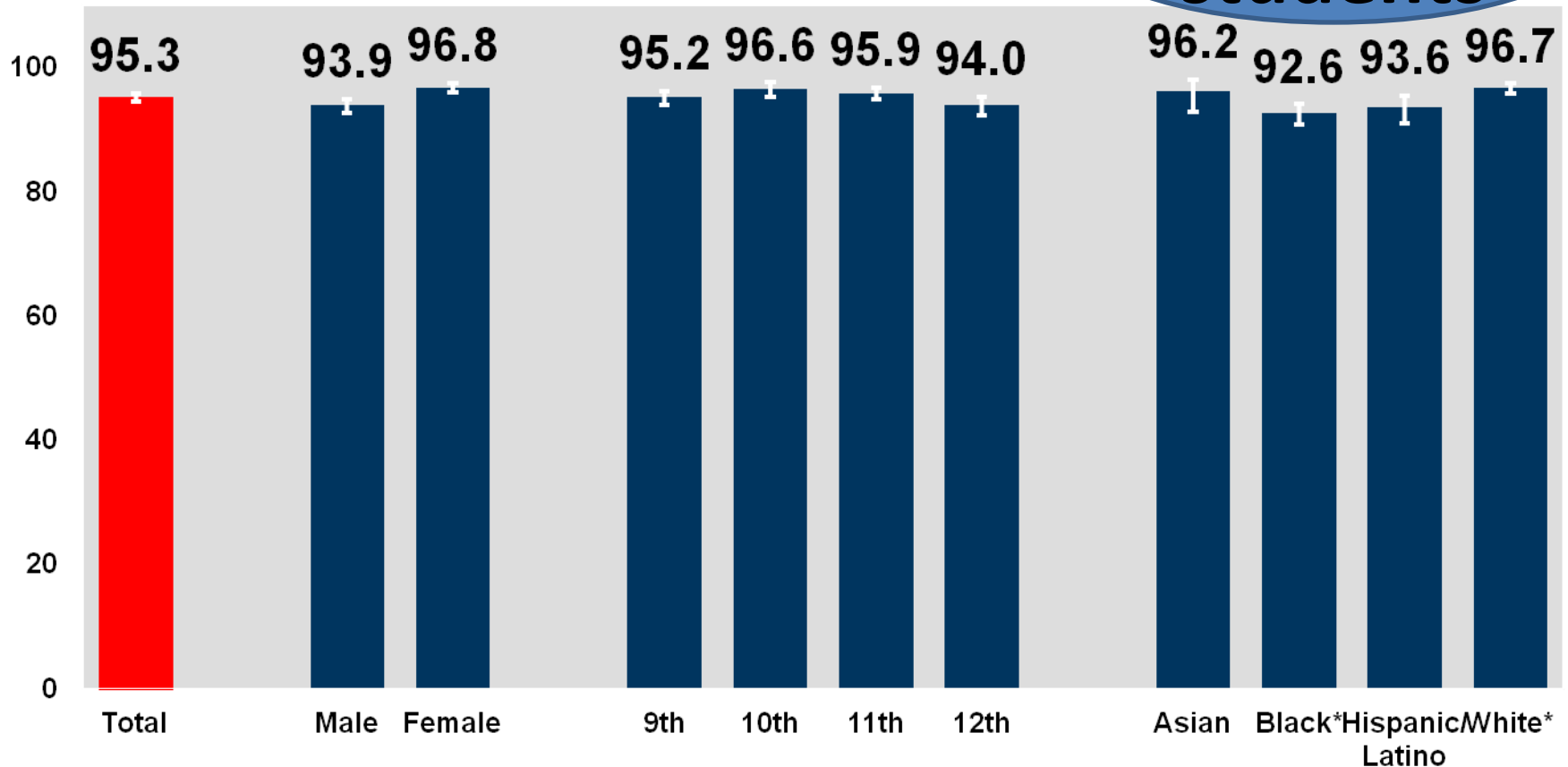
Percentage of students who most of the time or always saw ads or promotions for cigarettes and other tobacco products when they went to a convenience store, supermarket, or gas station



Virginia High School Survey

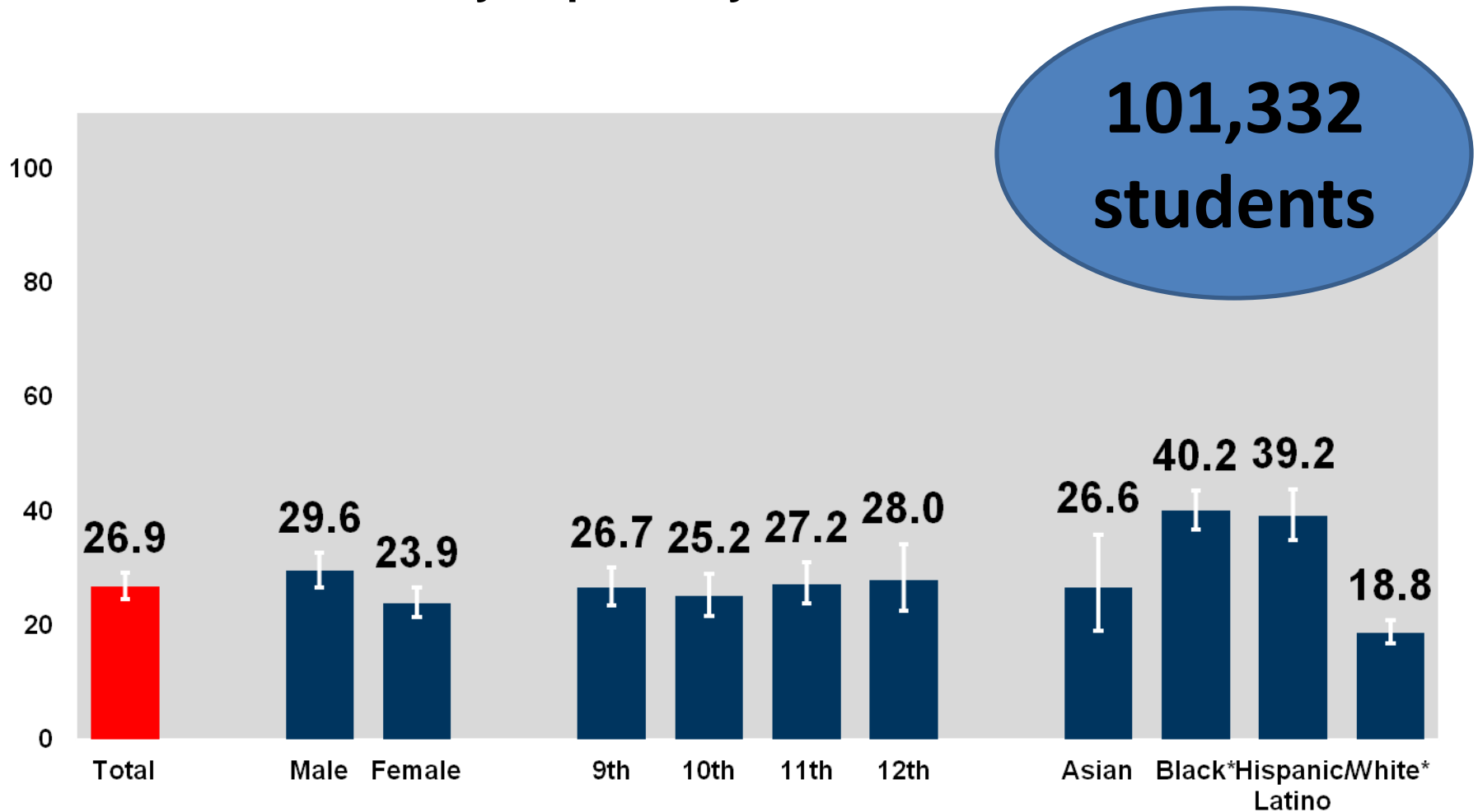
Percentage of students who say smoking cigars, cigarillos, or little cigars is very or somewhat dangerous to their health

358,994
students



Virginia High School Survey

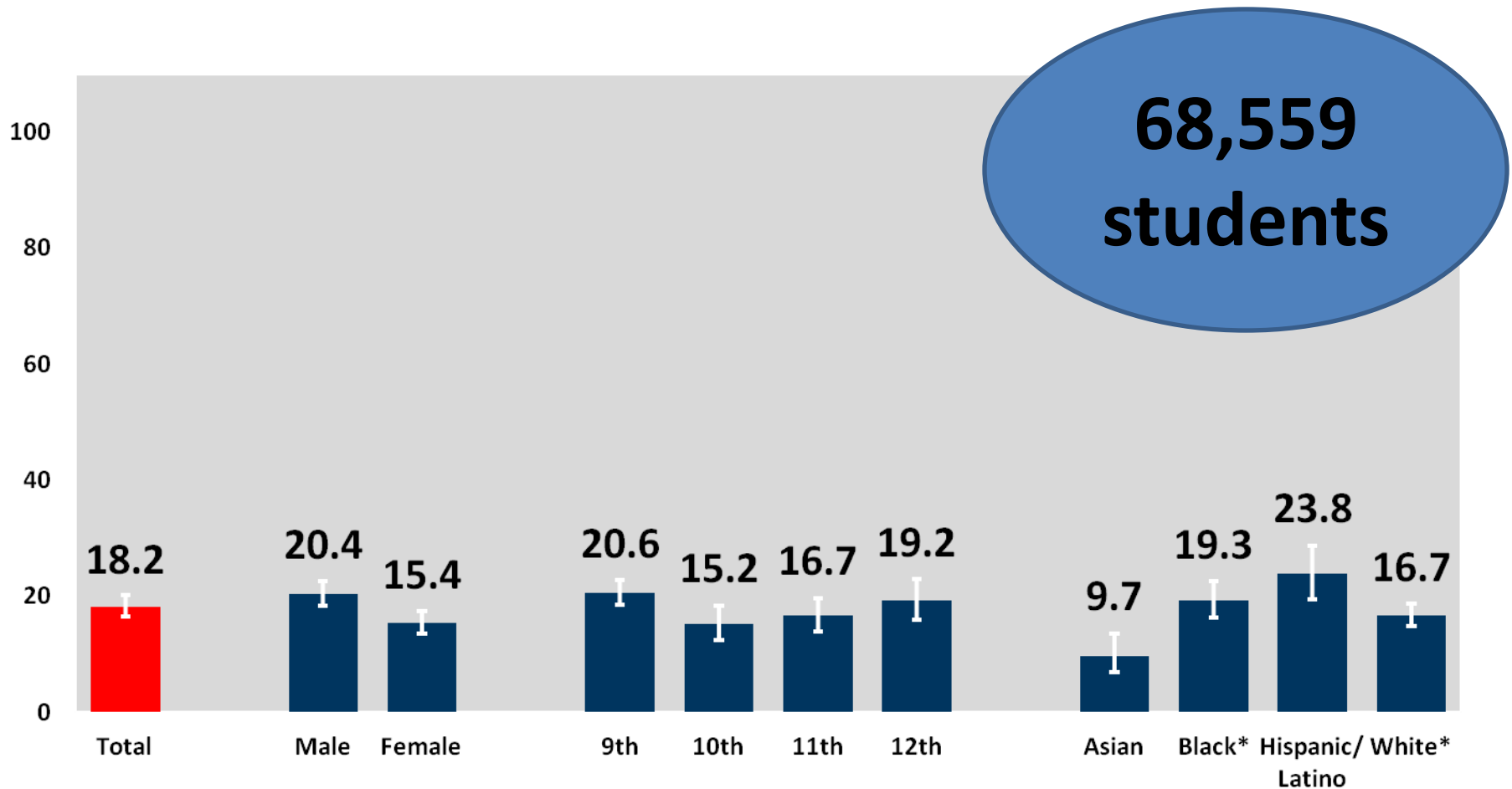
Percentage of students who think young people who smoke definitely or probably have more friends



Alcohol

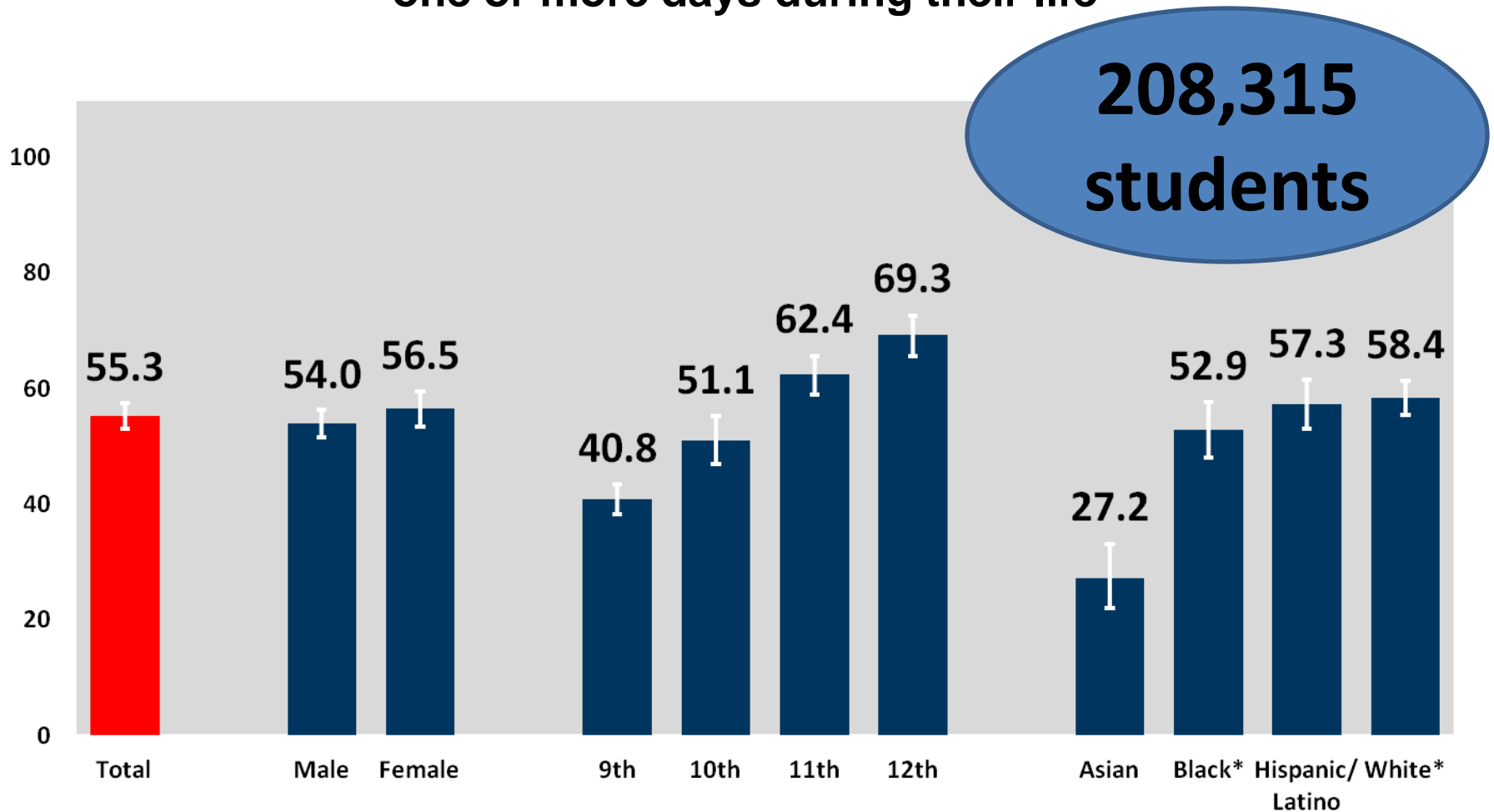
Virginia High School Survey

Percentage of students who had their first drink of alcohol other than a few sips before age 13 years



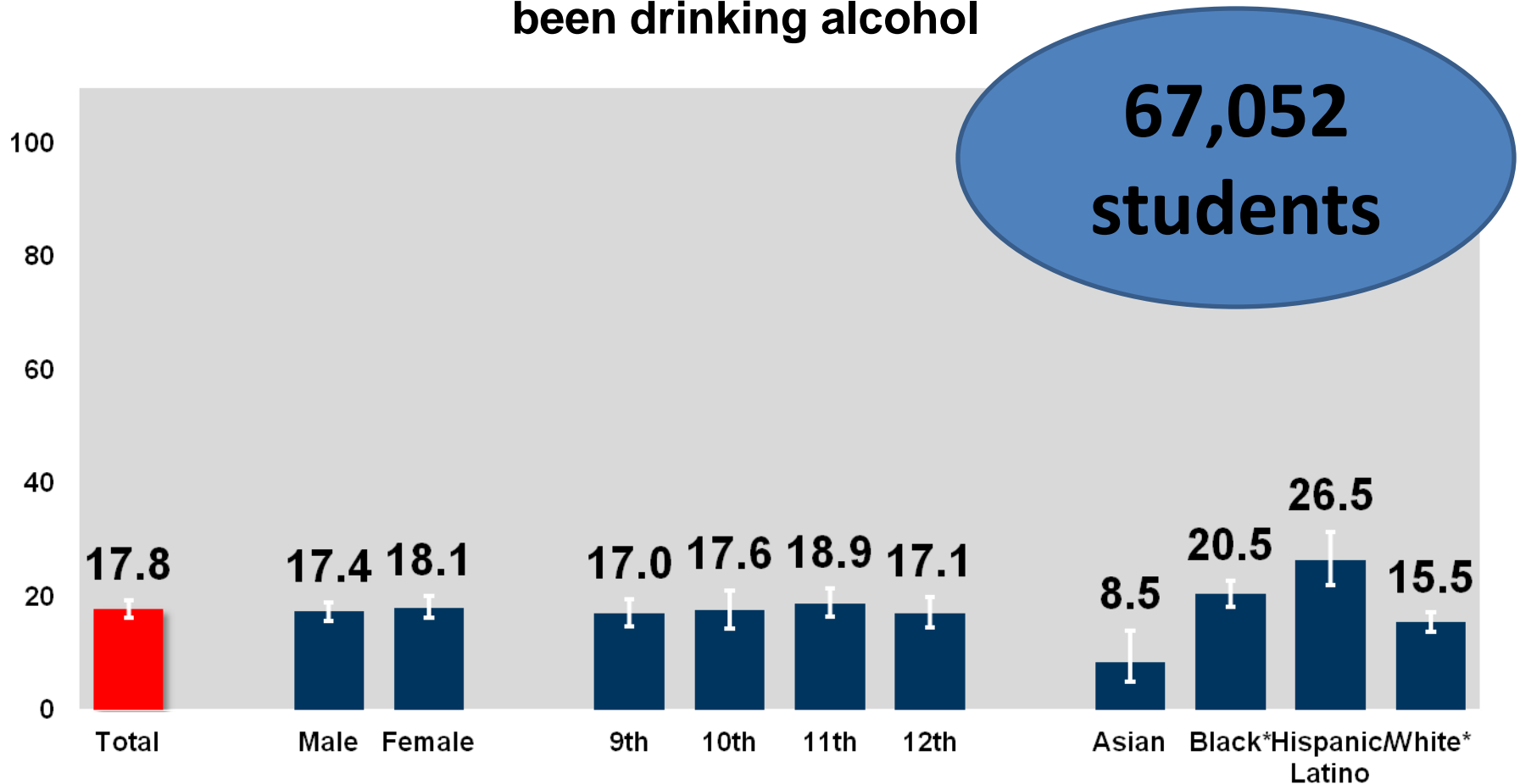
Virginia High School Survey

Percentage of students who had at least one drink of alcohol on one or more days during their life



Virginia High School Survey

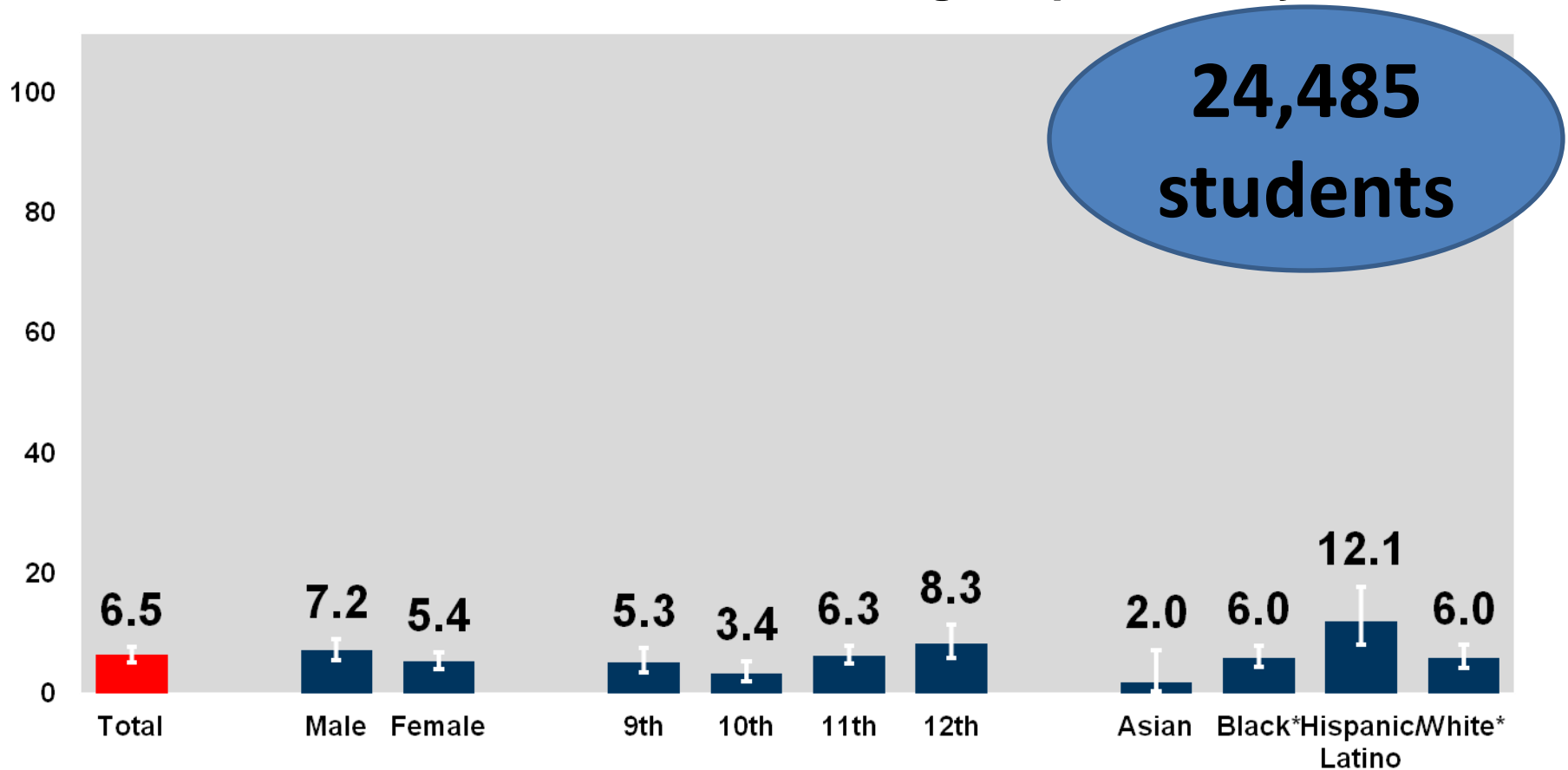
Percentage of students who rode one or more times during the past 30 days in a car or other vehicle driven by someone who had been drinking alcohol



Weighted Data
*Non-Hispanic.

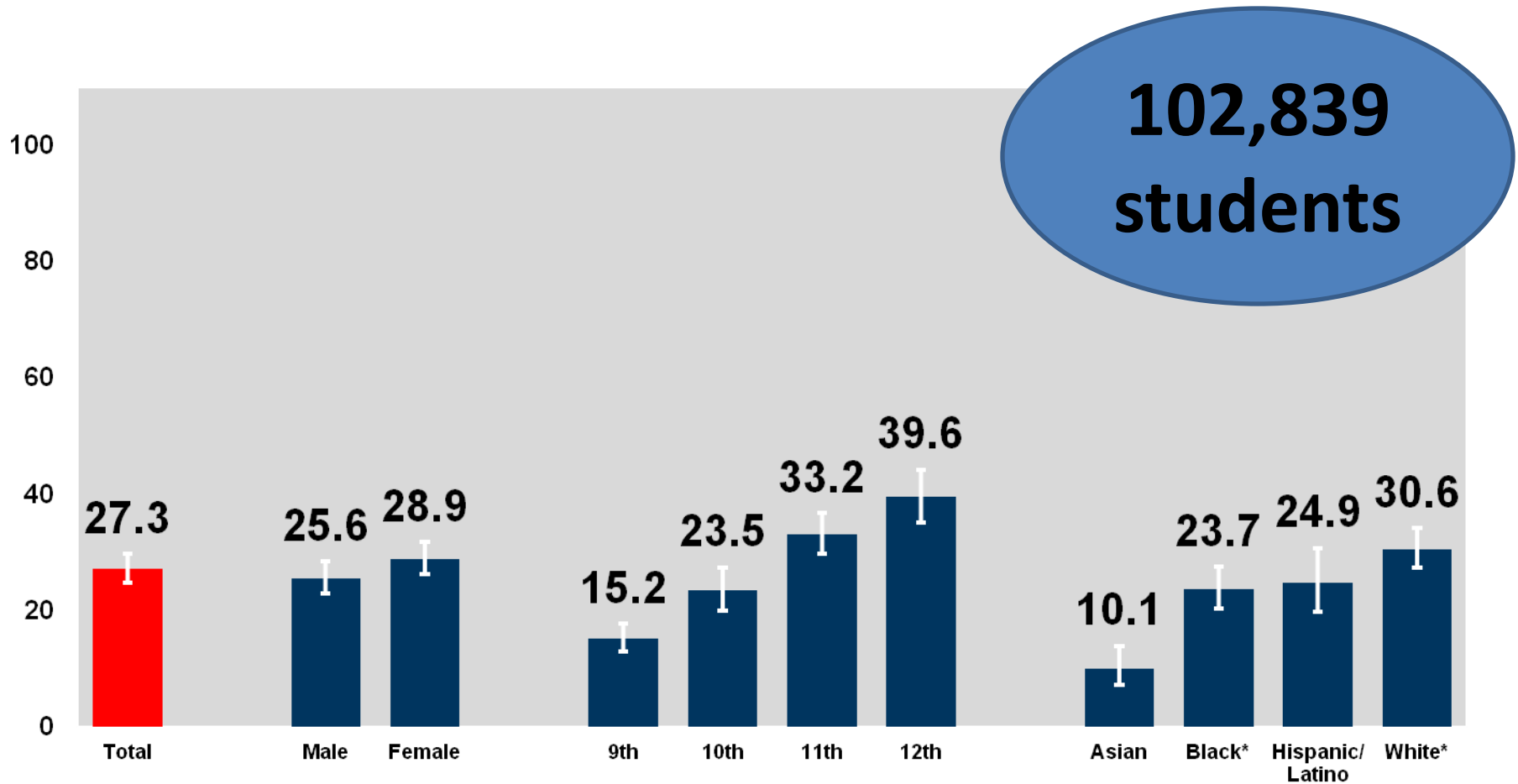
Virginia High School Survey

Among students who drove a car or other vehicle during the past 30 days, the percentage who drove when they had been drinking alcohol one or more times during the past 30 days



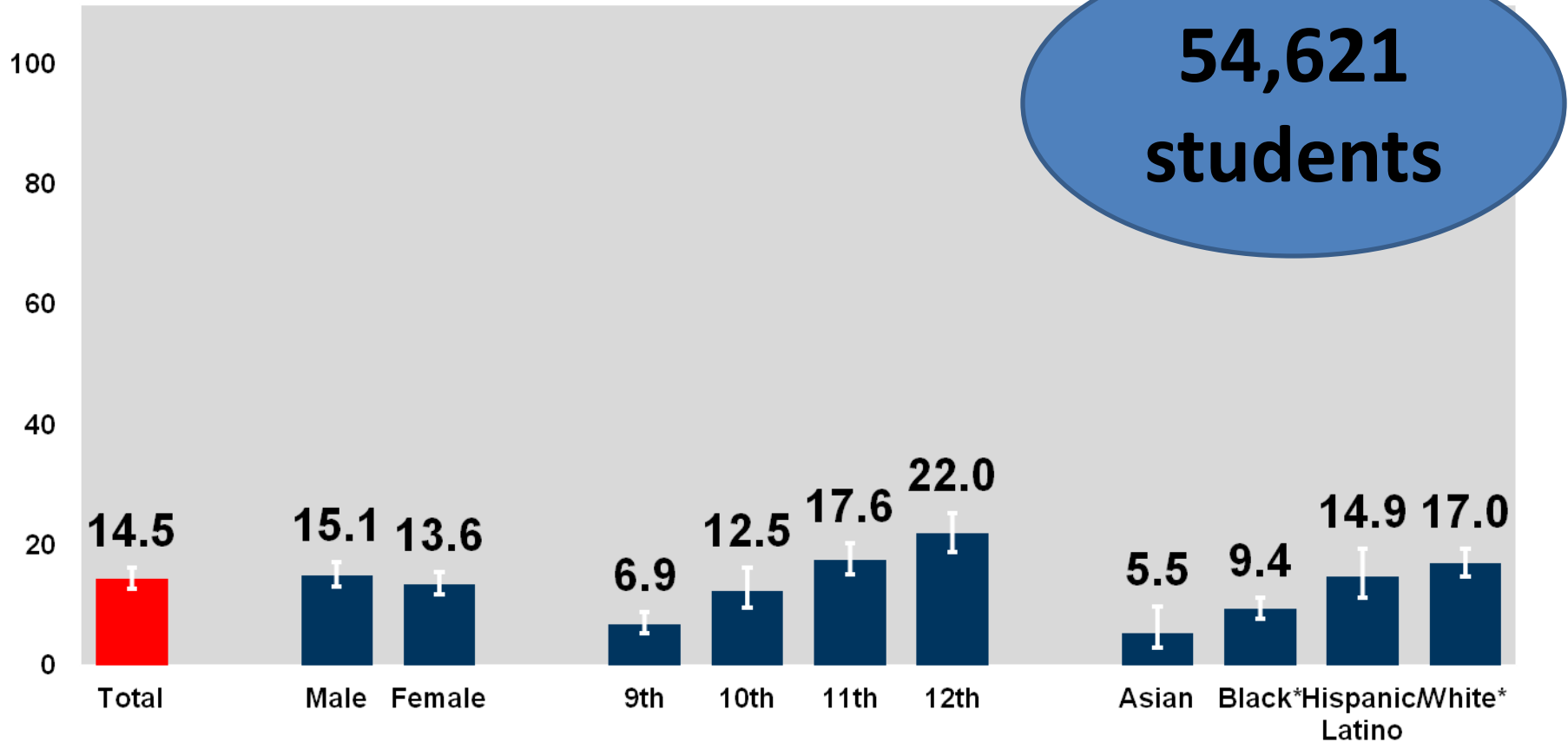
Virginia High School Survey

Percentage of students who had at least one drink of alcohol on one or more of the past 30 days



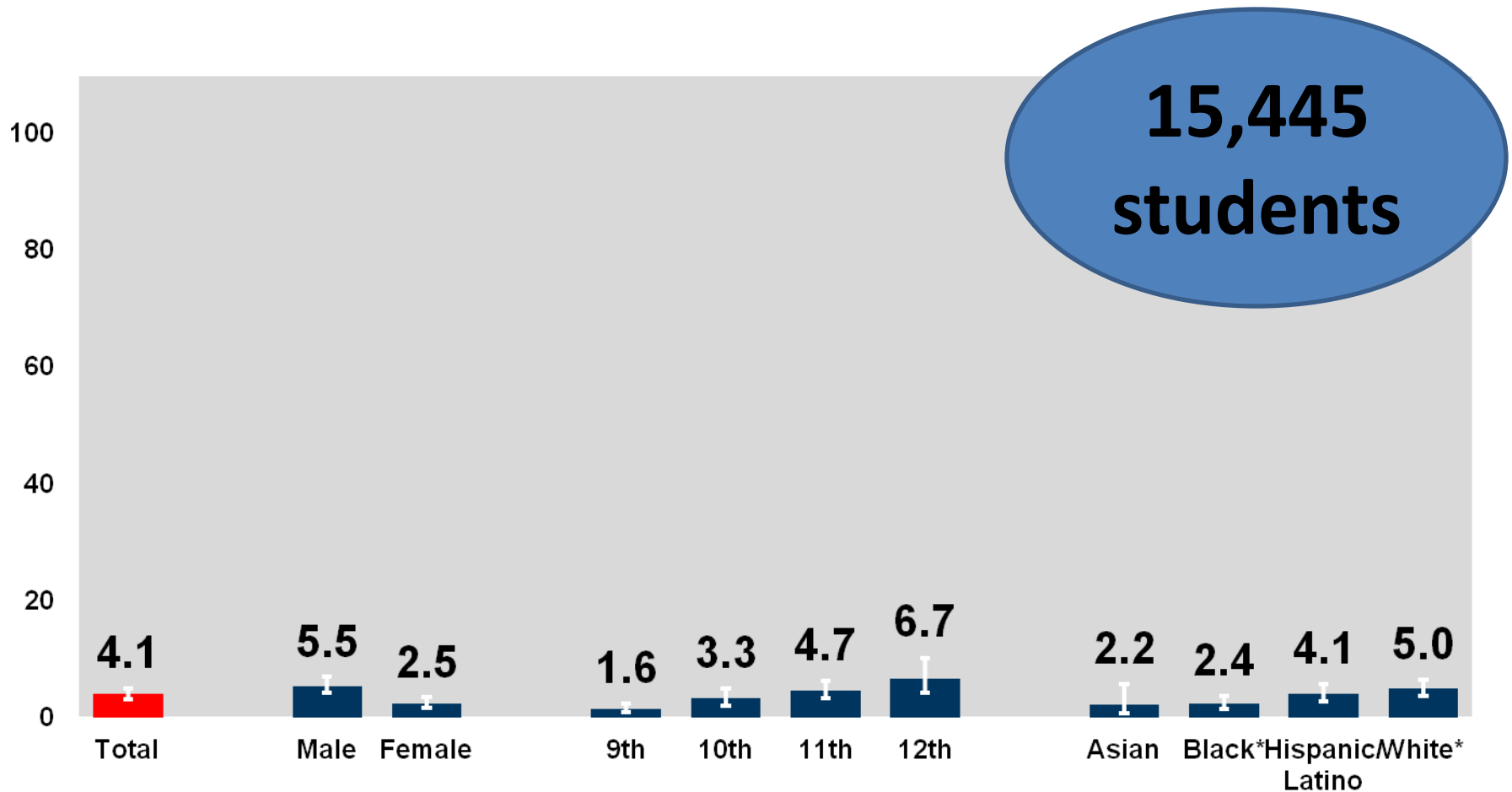
Virginia High School Survey

Percentage of students who had five or more drinks of alcohol in a row, that is, within a couple of hours, on one or more of the past 30 days



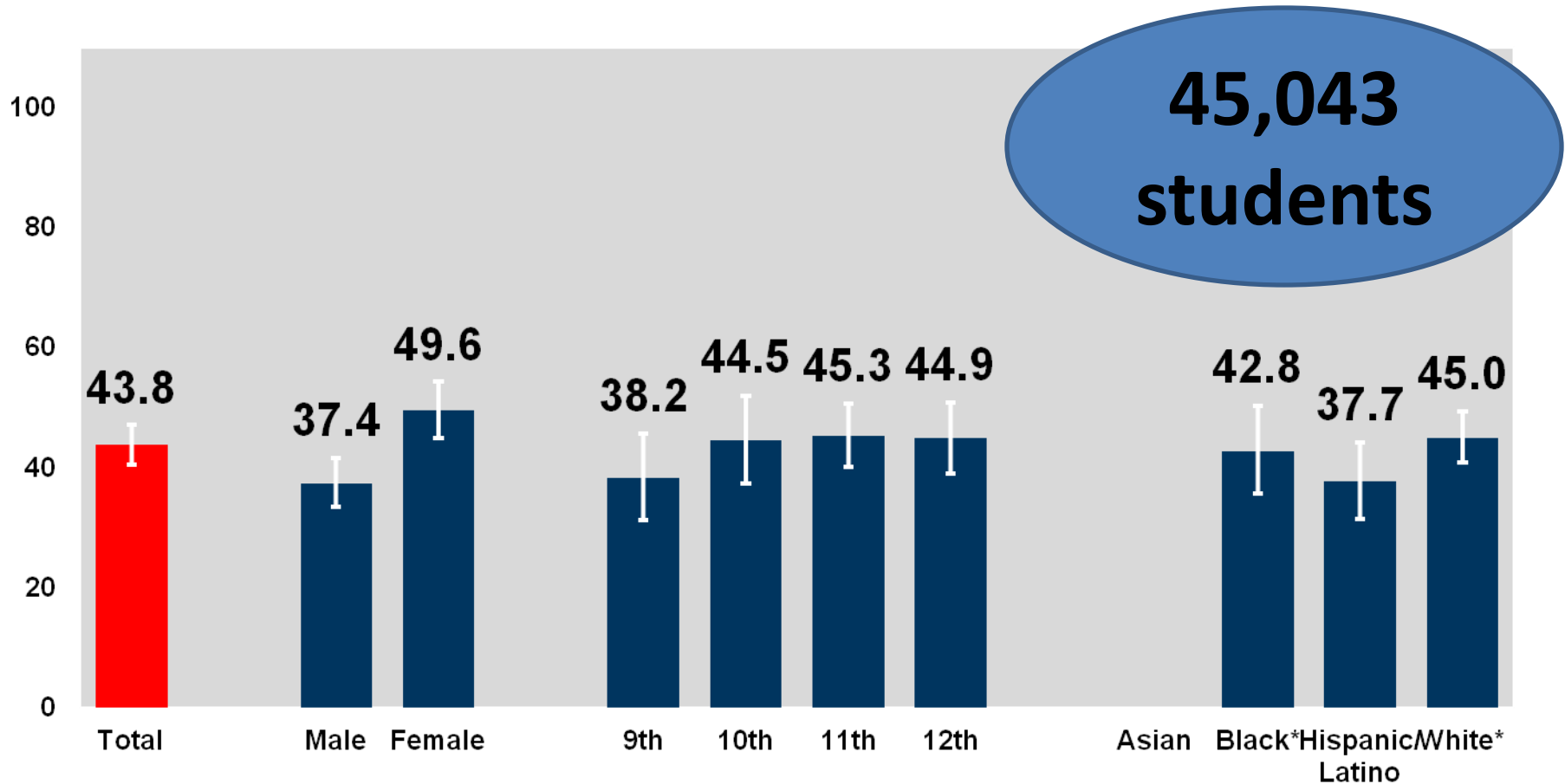
Virginia High School Survey

Percentage of students who had ten or more drinks of alcohol in a row, that is, within a couple of hours, during the past 30 days



Virginia High School Survey

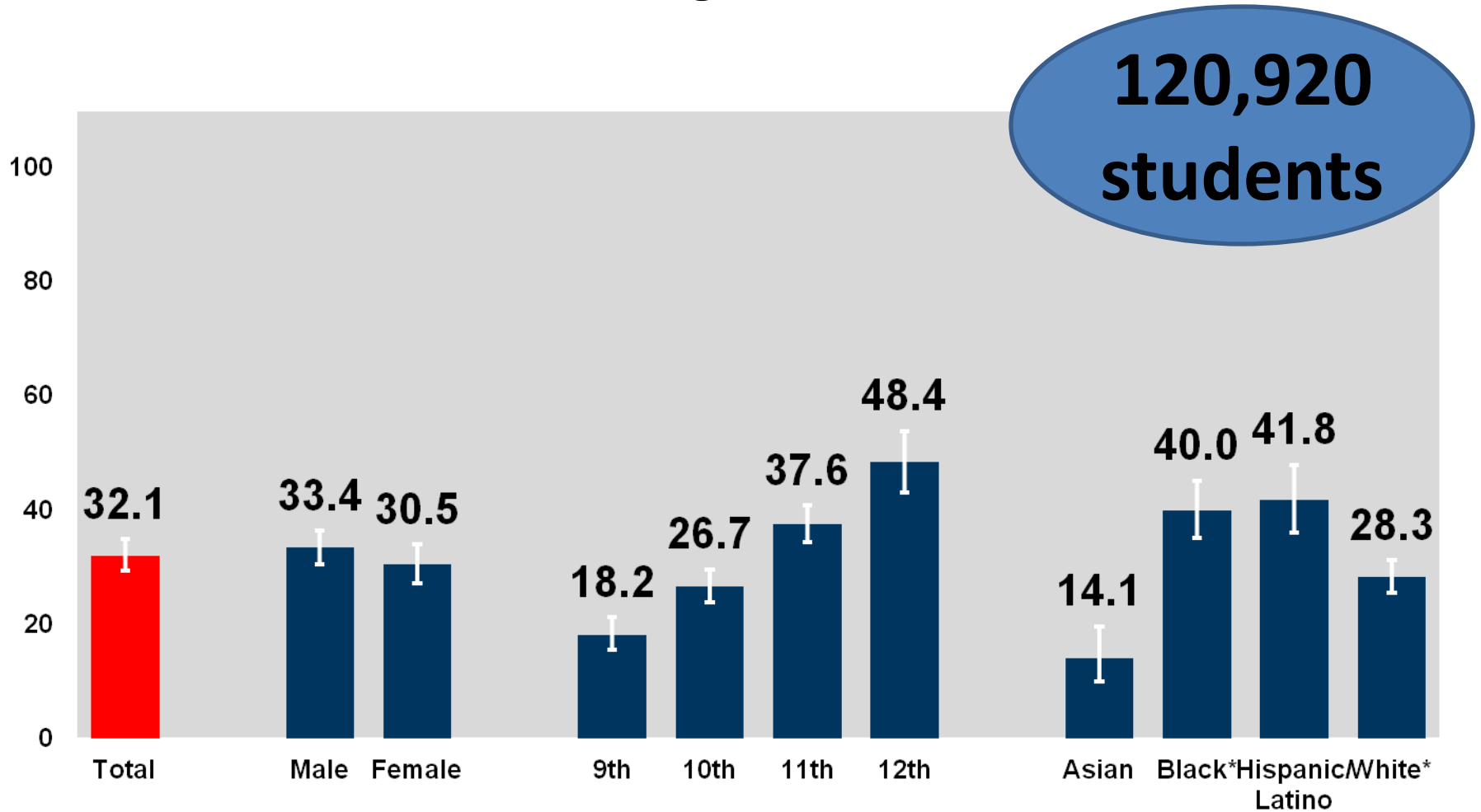
Among students who reported current alcohol use, the percentage who usually got the alcohol they drank from someone who gave it to them during the past 30 days



Marijuana

Virginia High School Survey

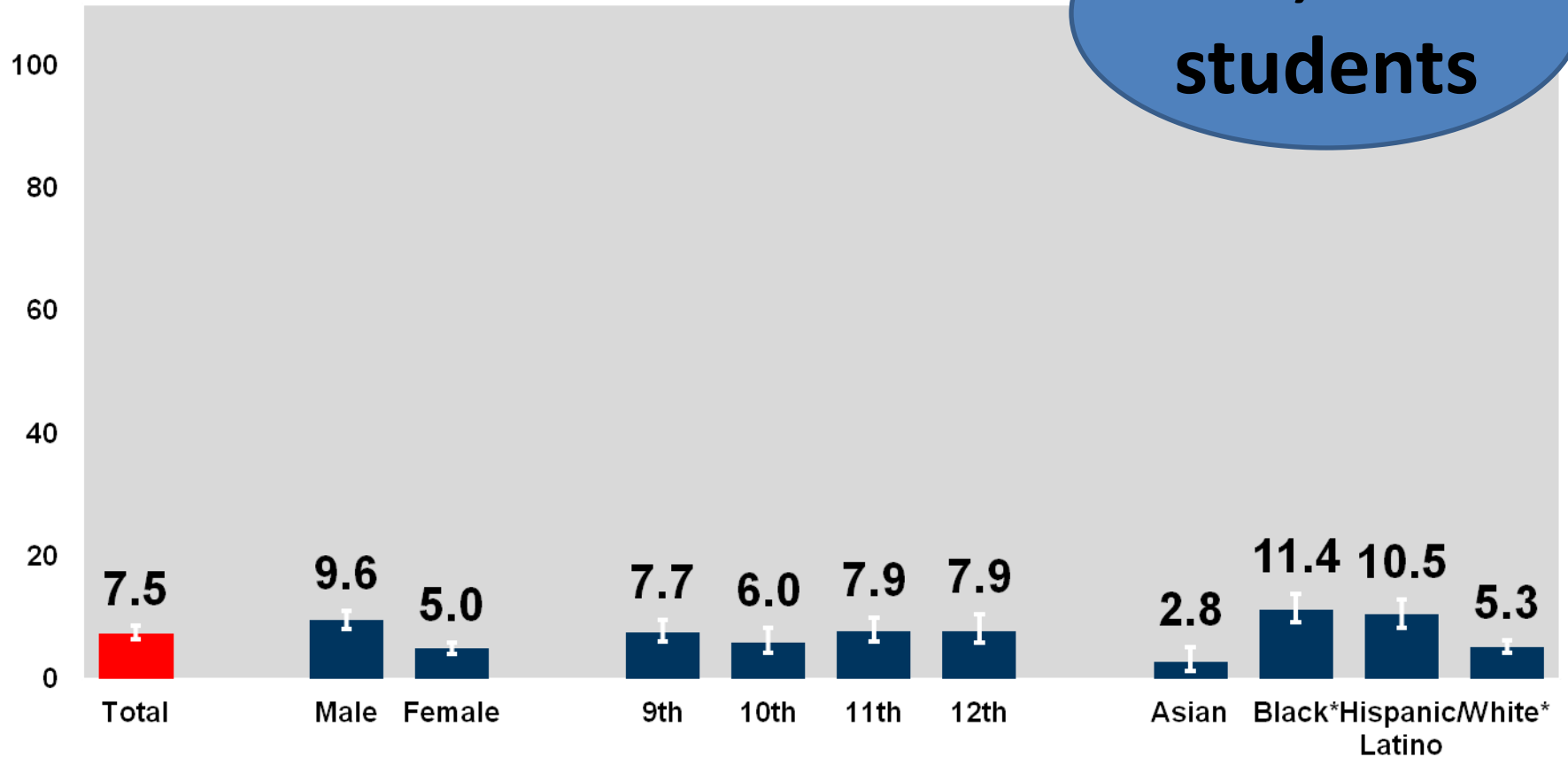
Percentage of students who used marijuana one or more times during their life



Virginia High School Survey

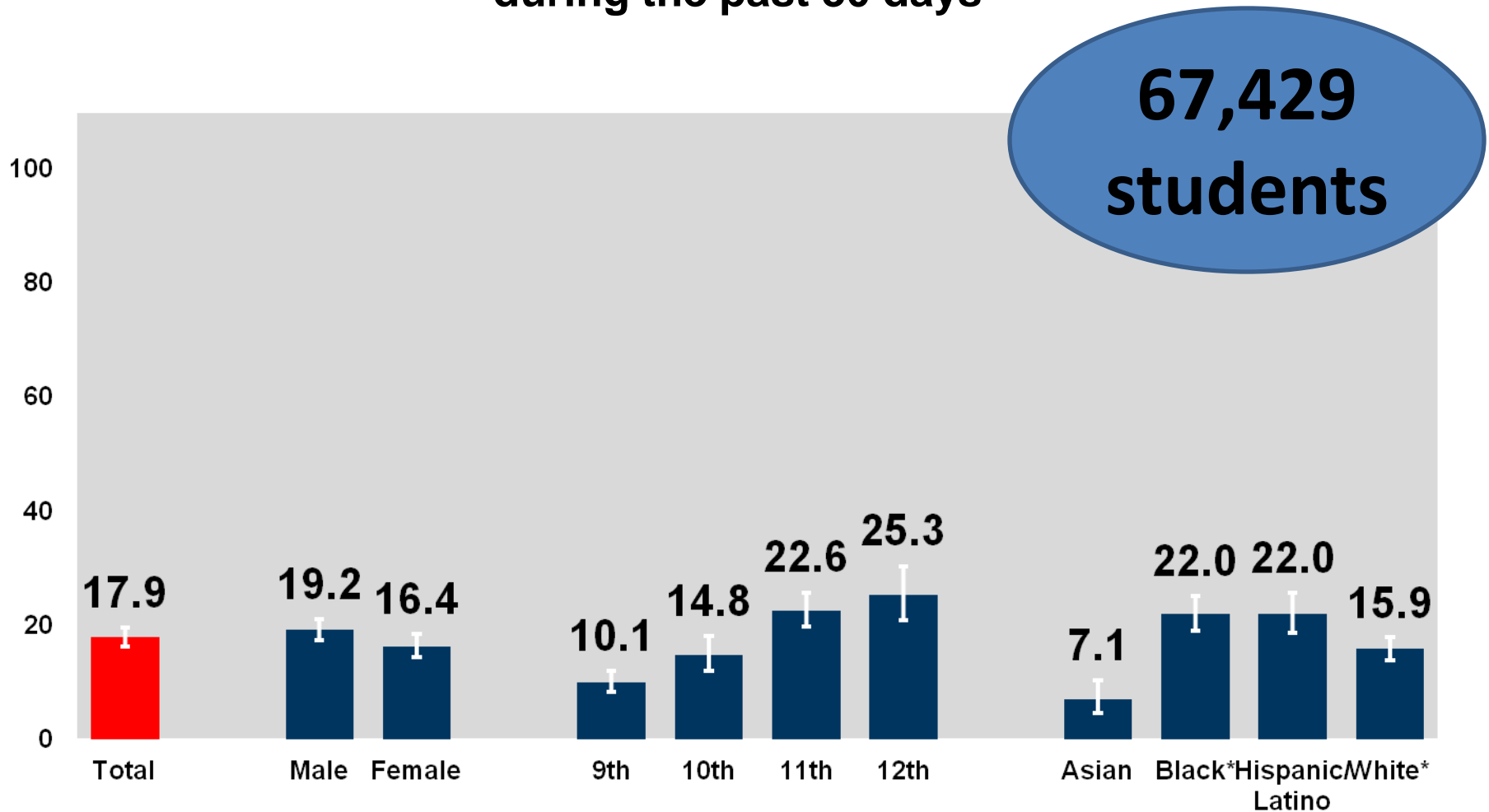
Percentage of students who tried marijuana for the first time
before age 13 years

**28,252
students**



Virginia High School Survey

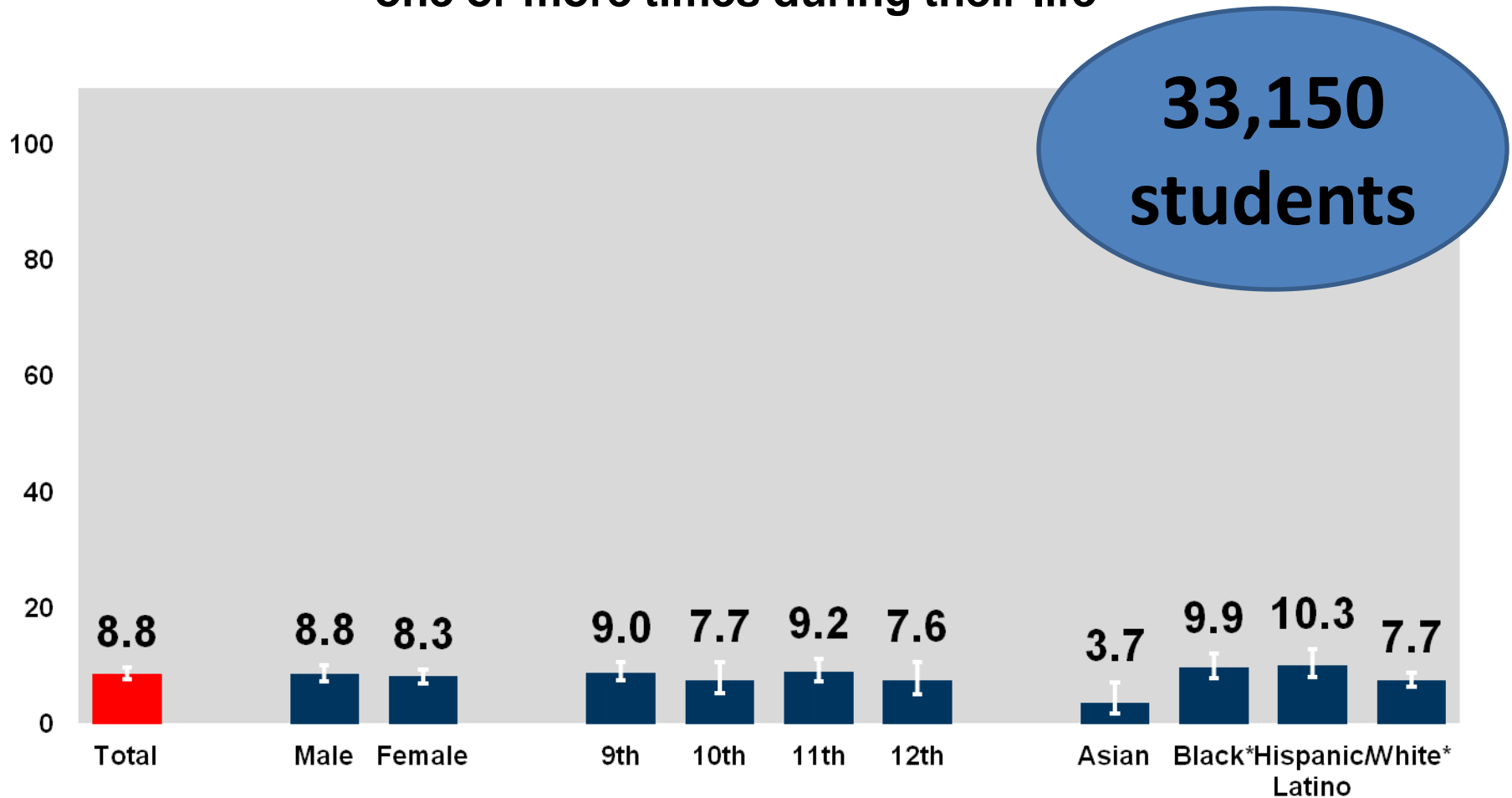
Percentage of students who used marijuana one or more times during the past 30 days



Inhalants

Virginia High School Survey

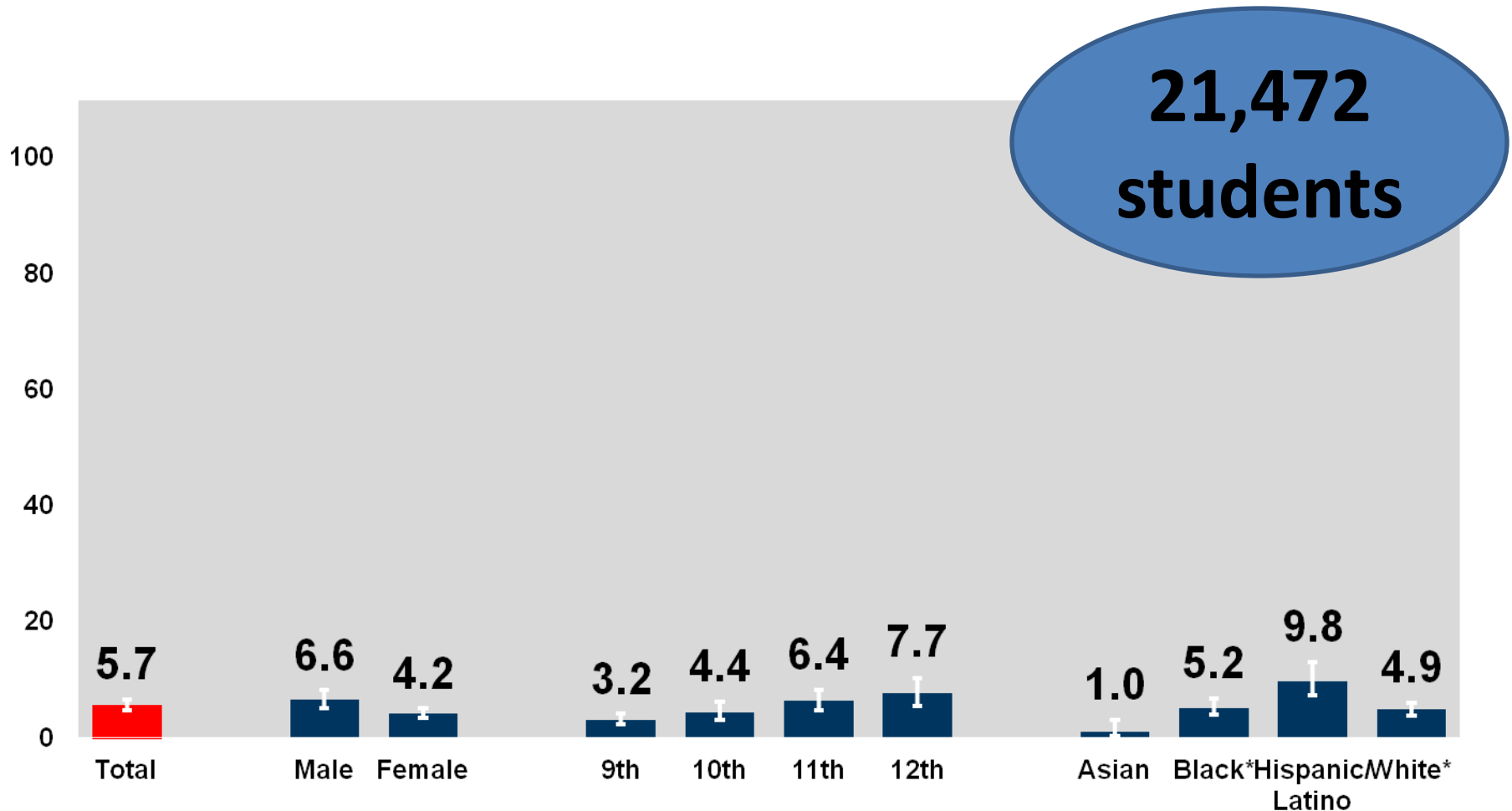
Percentage of students who sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high one or more times during their life



Other Drugs

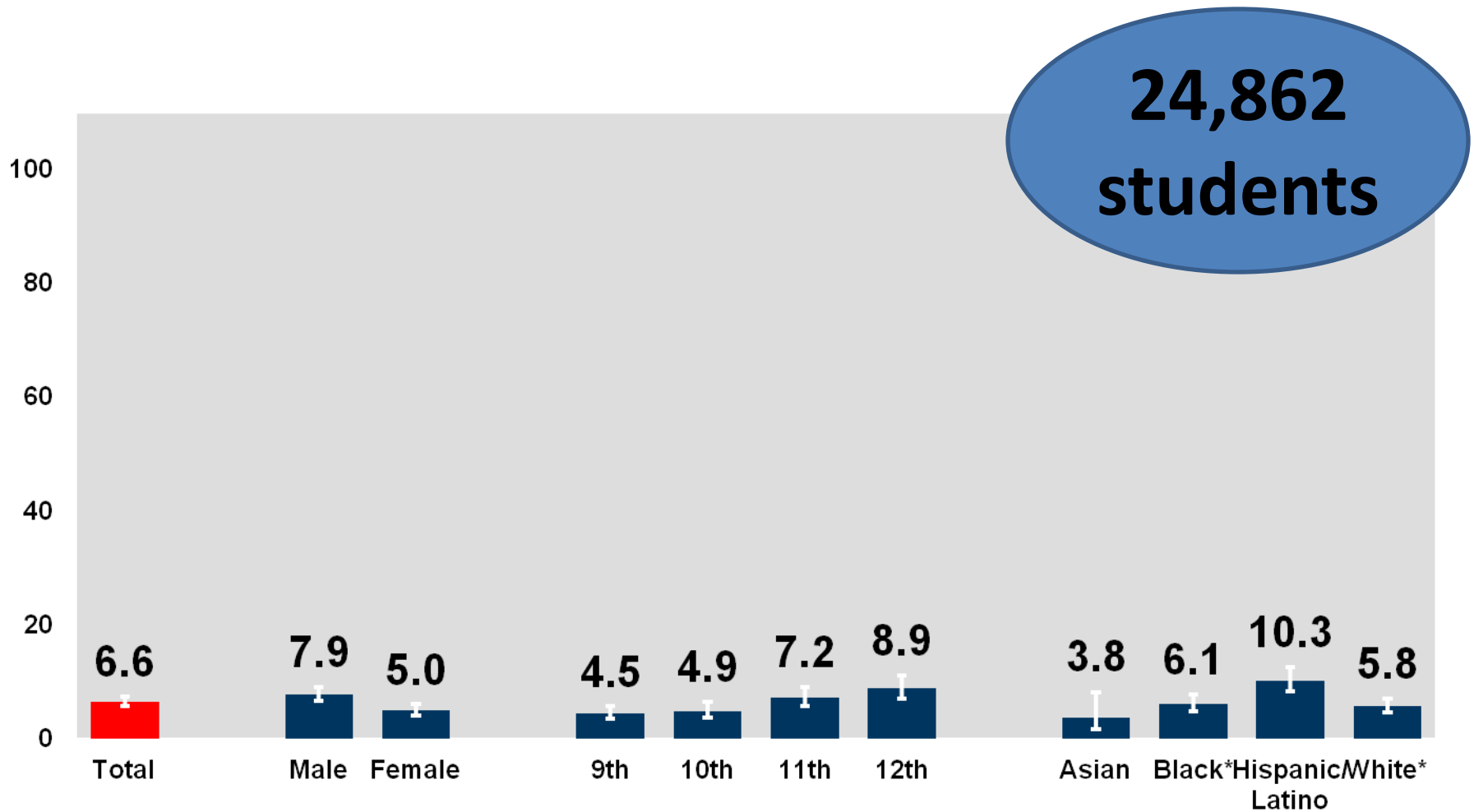
Virginia High School Survey

Percentage of students who used any form of cocaine, including powder, crack, or freebase one or more times during their life



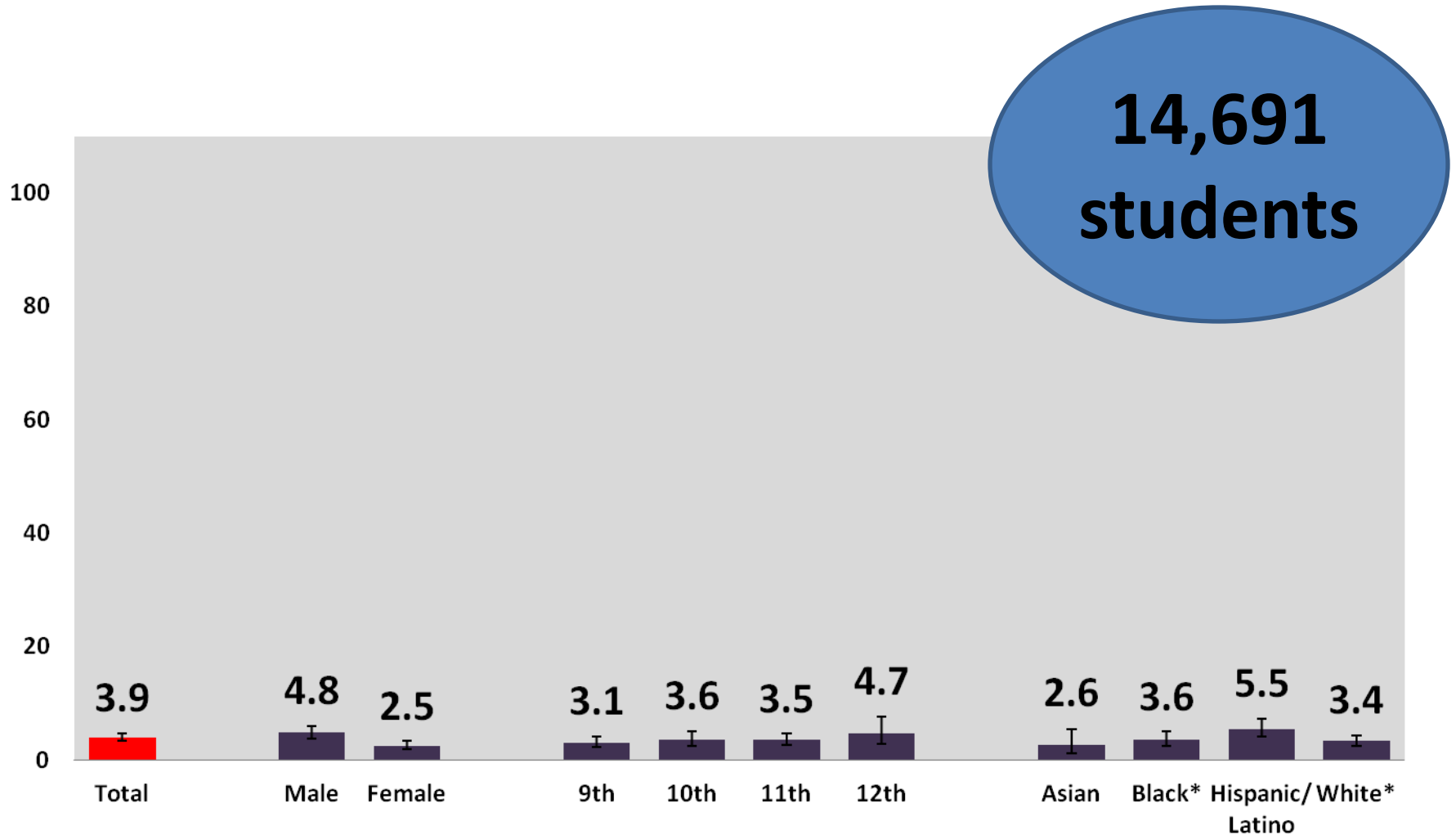
Virginia High School Survey

Percentage of students who used ecstasy one or more times during their life



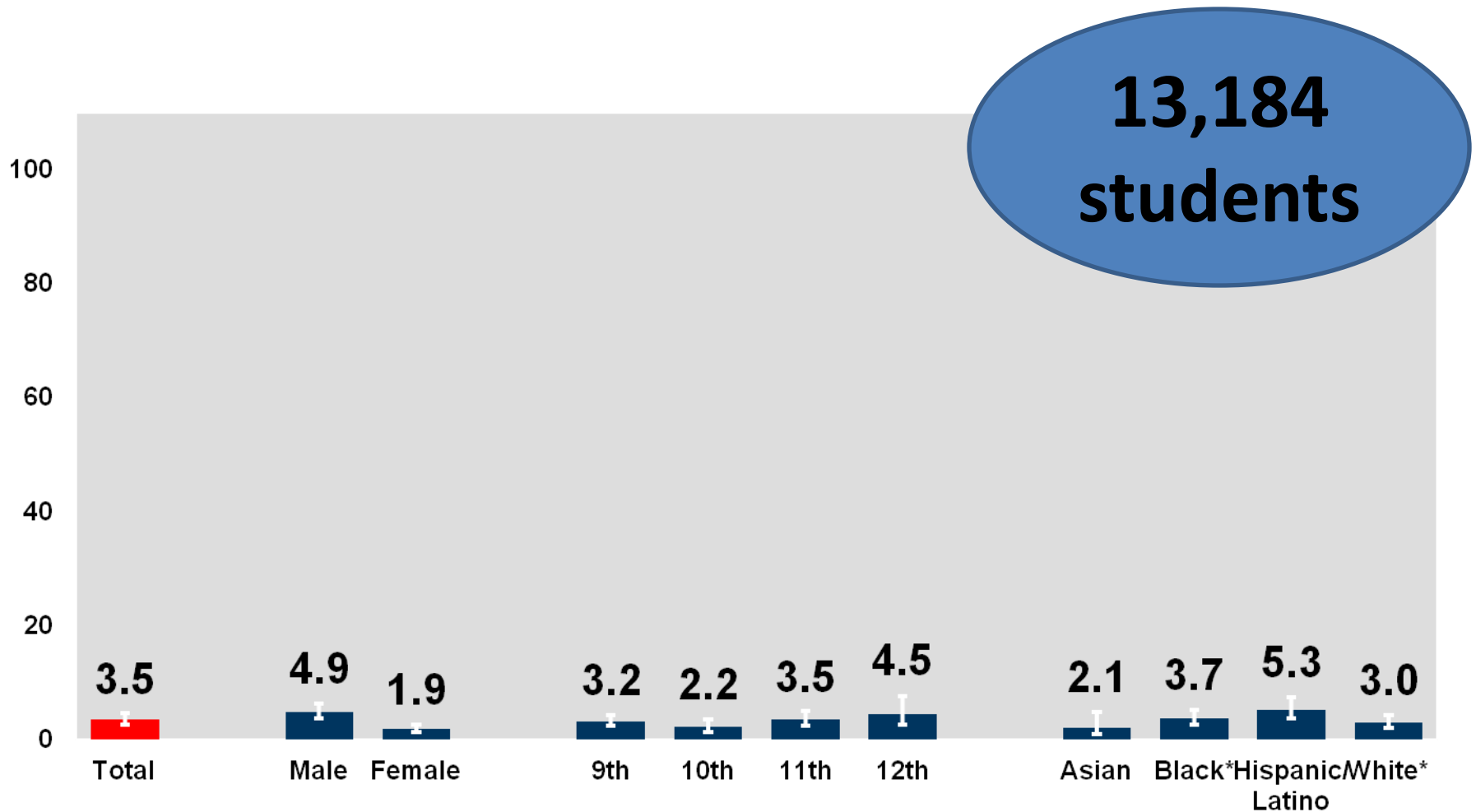
Virginia High School Survey

Percentage of students who used heroin one or more times during their life



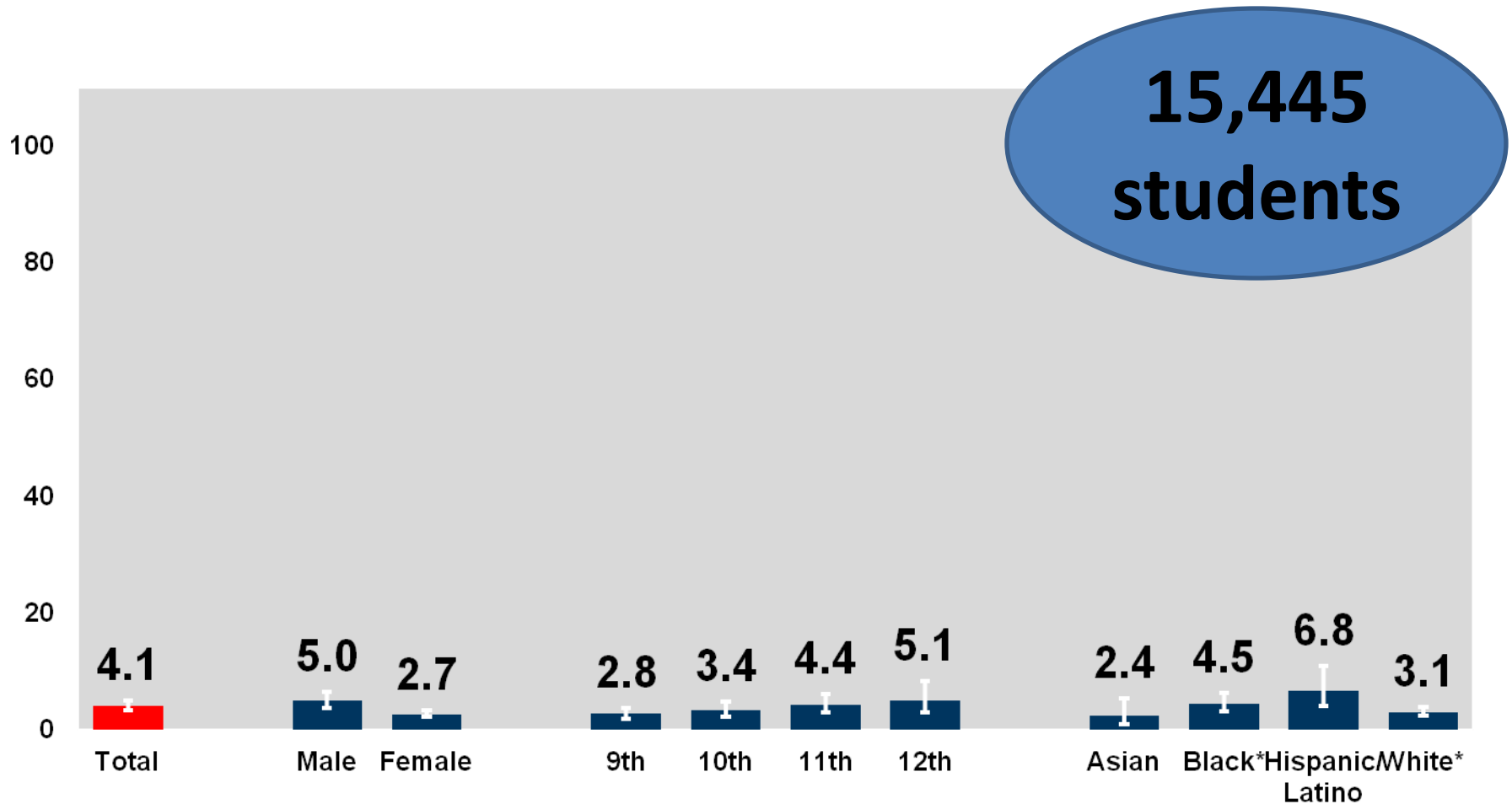
Virginia High School Survey

Percentage of students who used a needle to inject any illegal drug into their body one or more times during their life



Virginia High School Survey

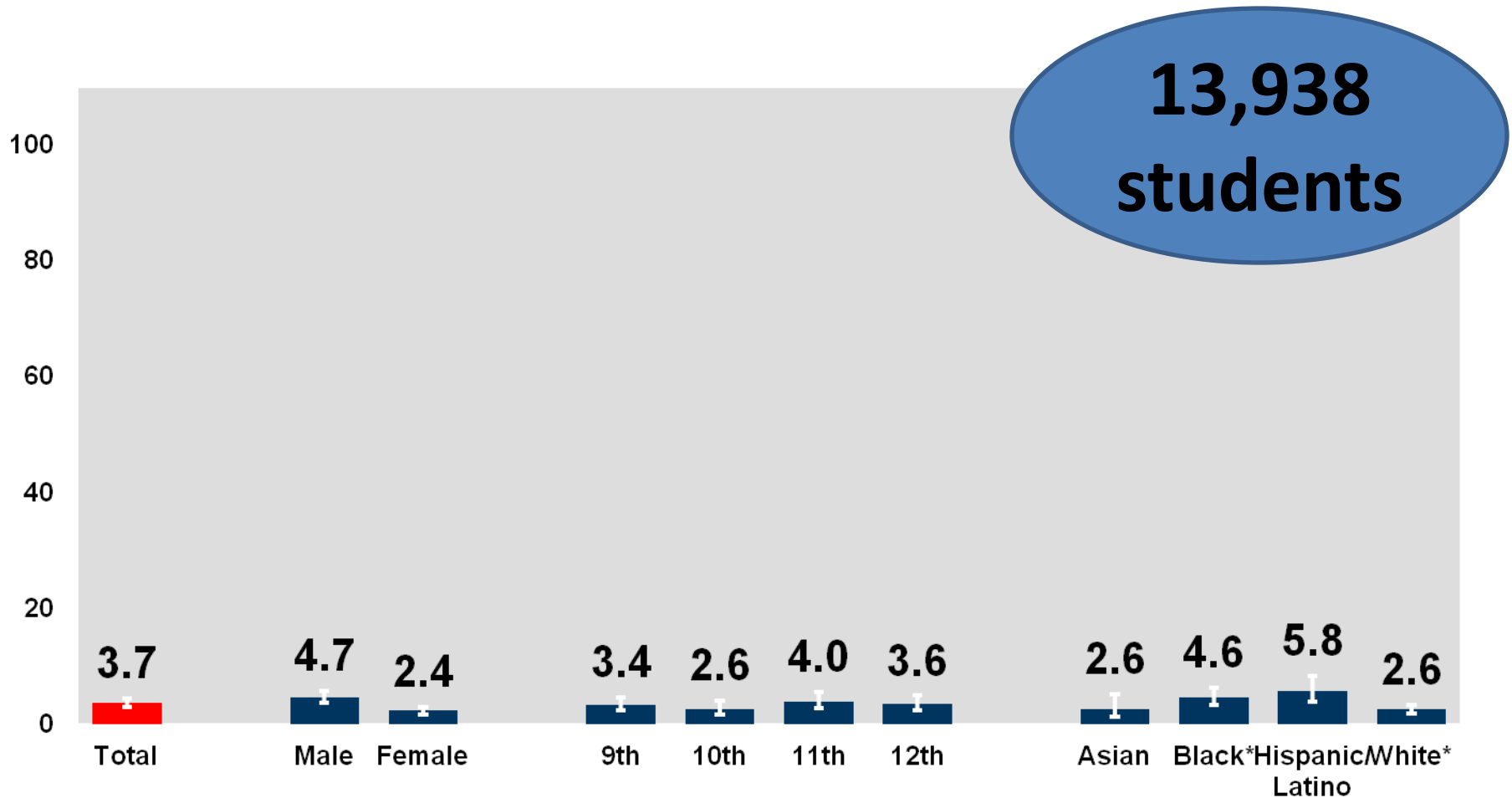
Percentage of students who used methamphetamines one or more times during their life



Steroids/ Prescription Drugs

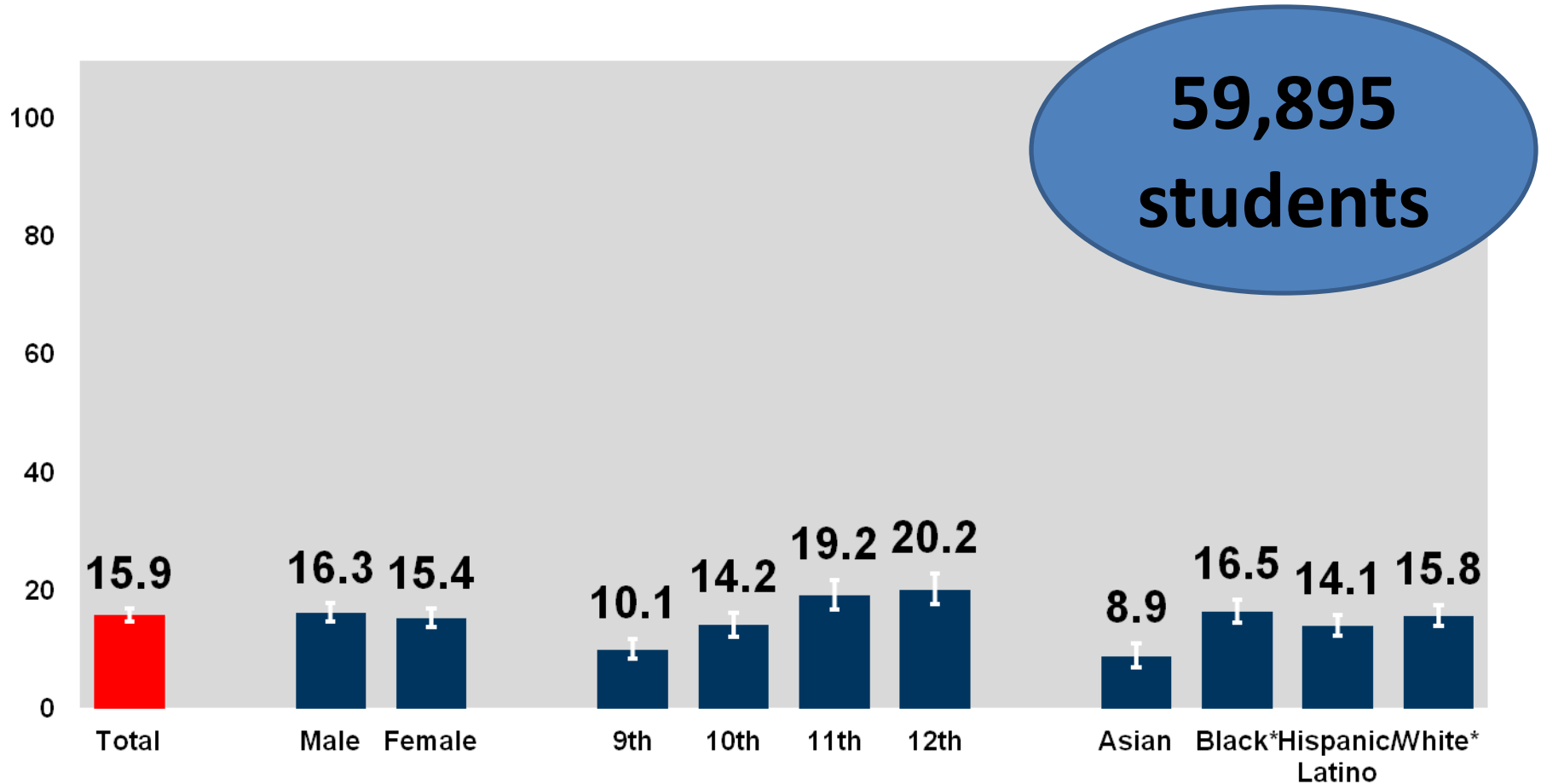
Virginia High School Survey

Percentage of students who took steroid pills or shots without a doctor's prescription one or more times during their life



Virginia High School Survey

Percentage of students who have taken a prescription drug (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax) without a doctor's prescription one or more times during their life



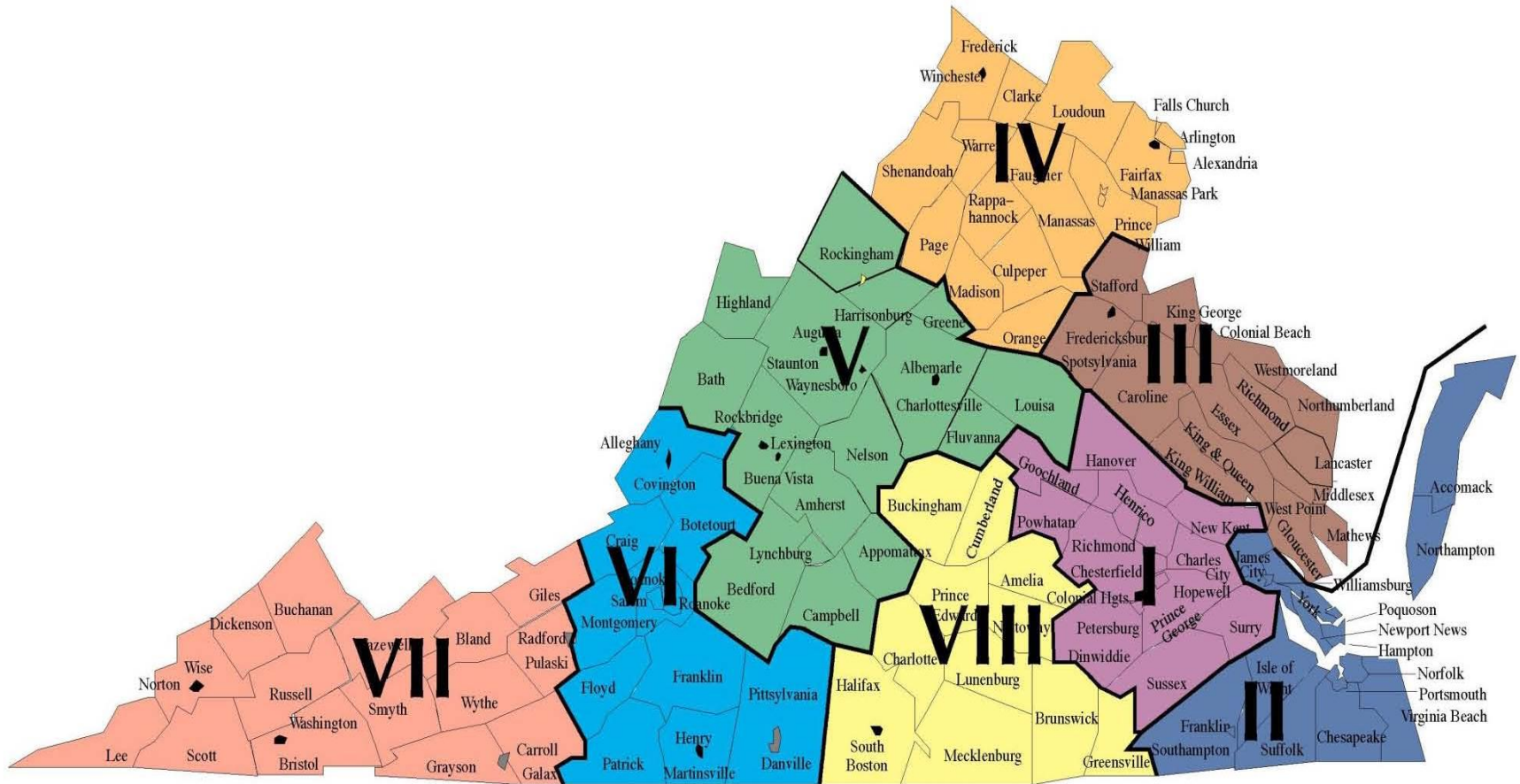
Tobacco/Substance Use Violations Reported by Virginia School Divisions 2012-2013

[Safe School Information Resource](#)

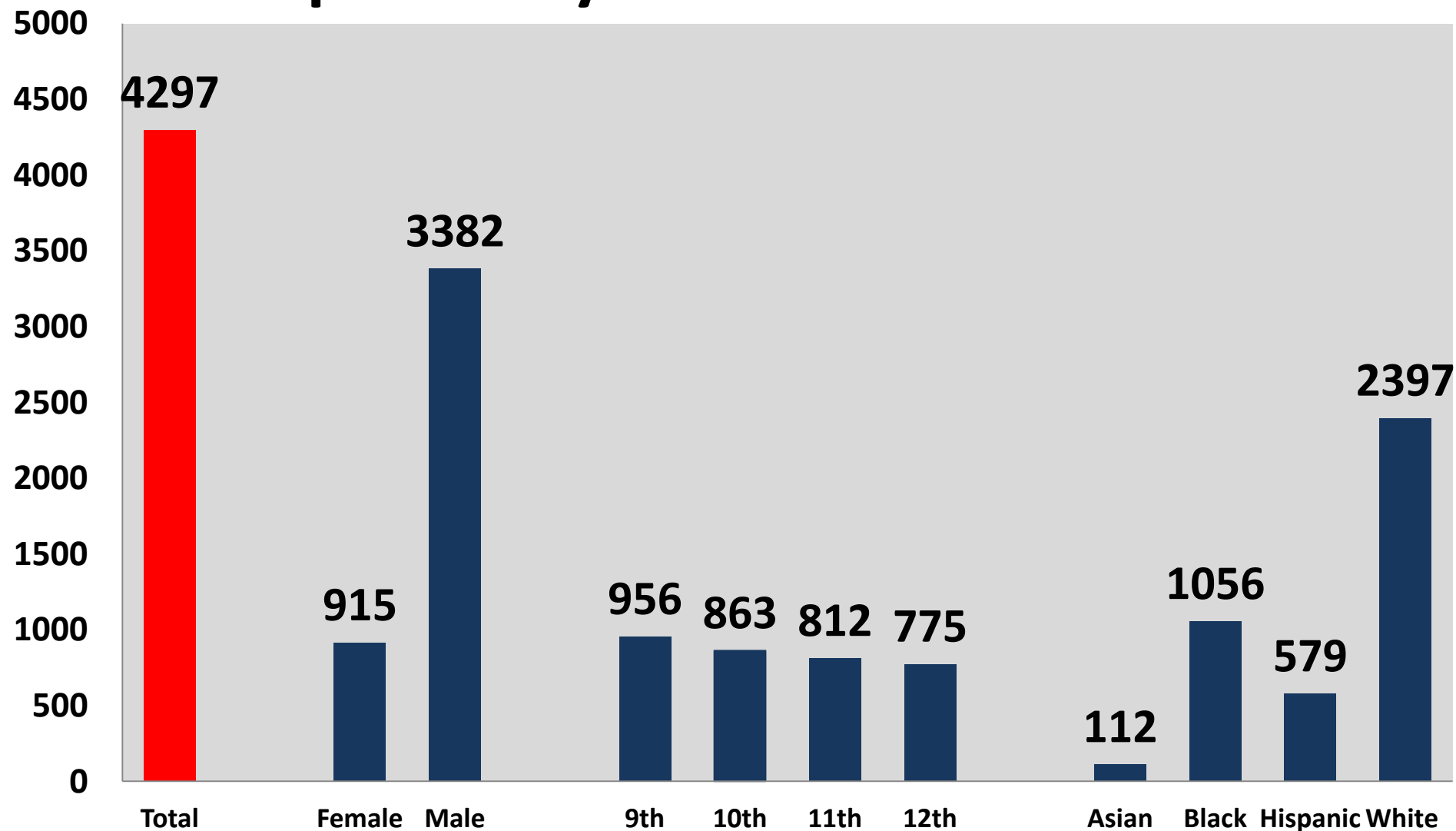
[Annual Discipline, Crime and Violence Report](#)

Virginia Department of Education (VDOE) Web site

VIRGINIA DEPARTMENT OF EDUCATION REGIONAL MAP

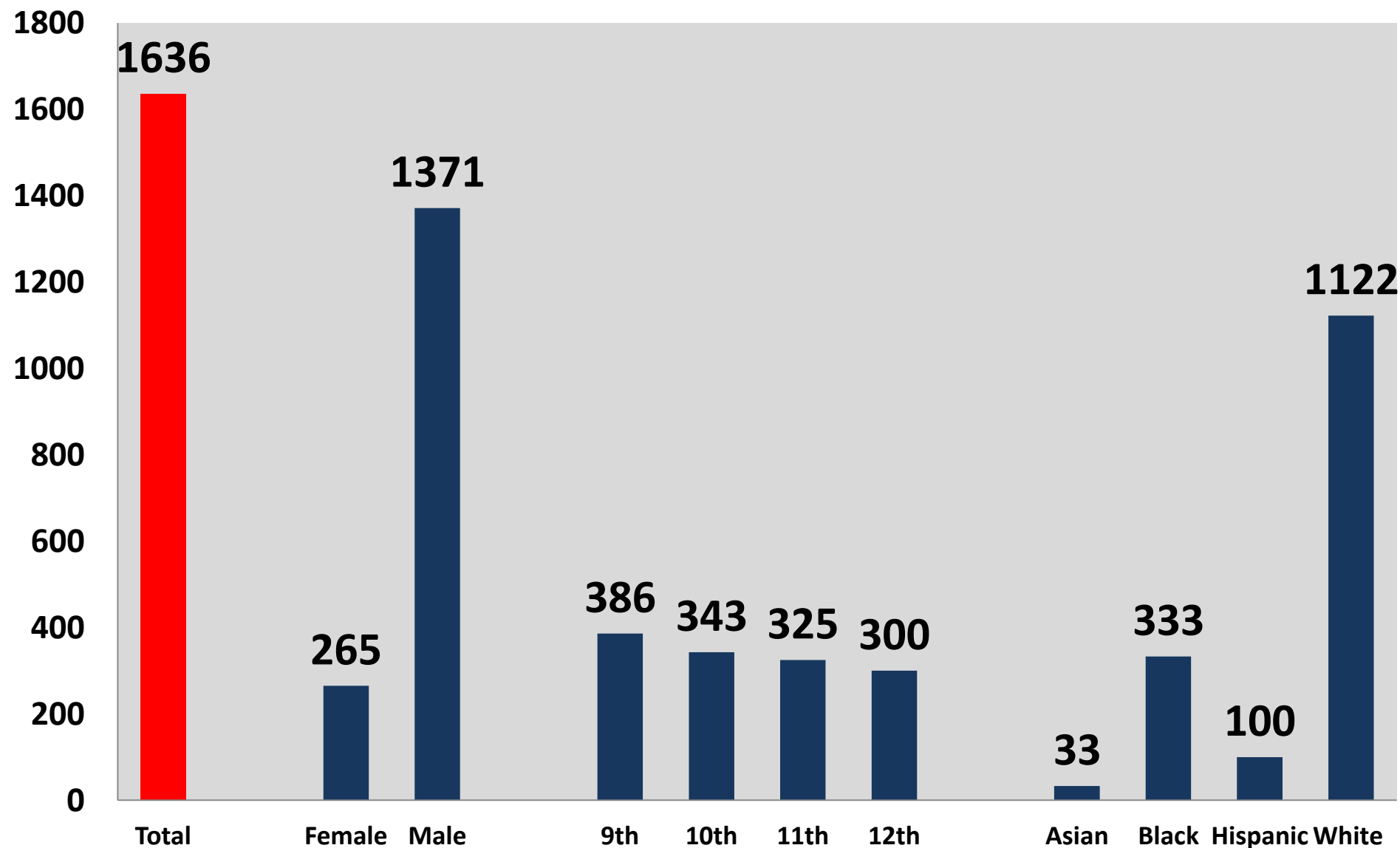


Total Tobacco, Alcohol, Prescription, Marijuana and other Drug Offenses Reported by 9th-12th Grade Students

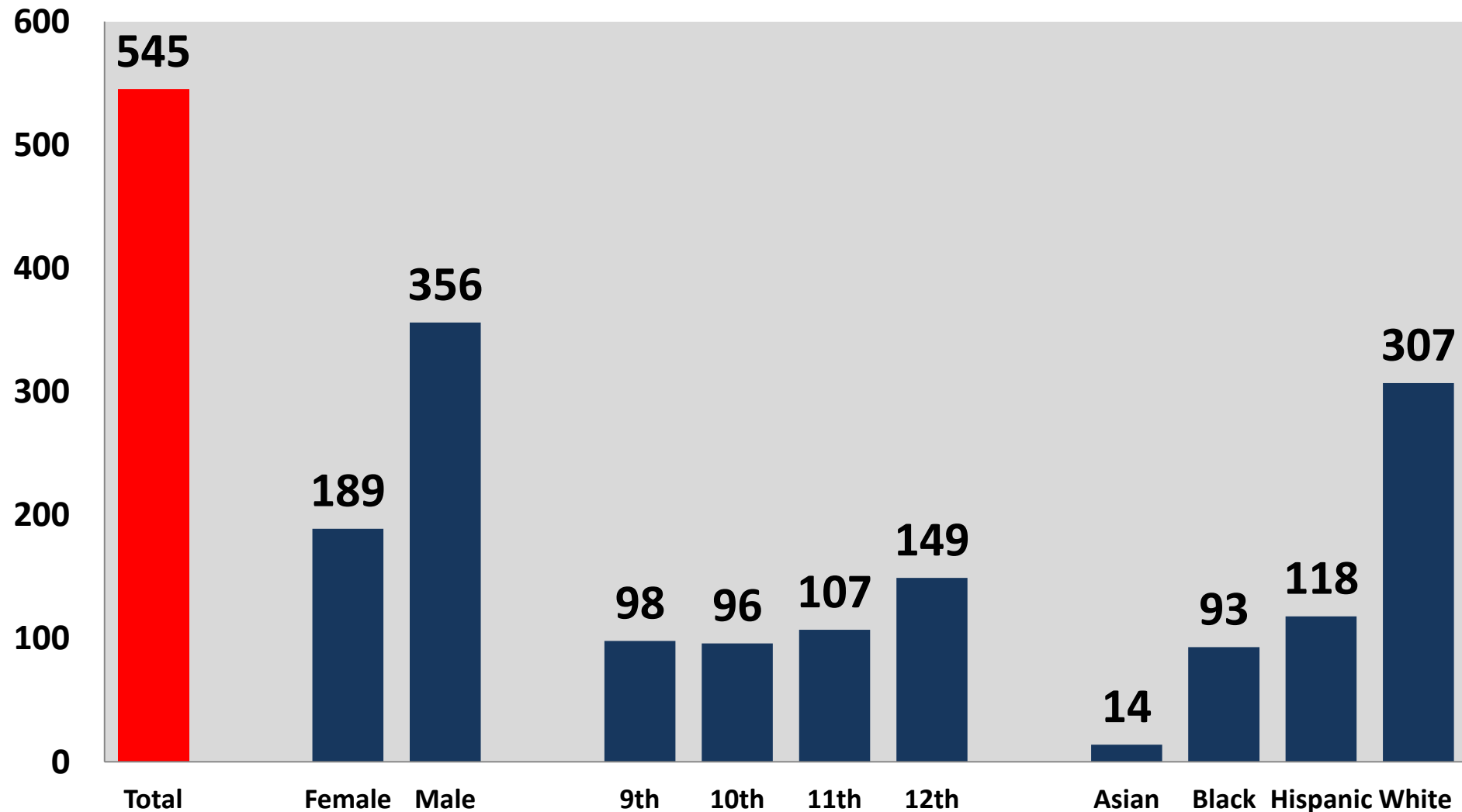


Tobacco Violations

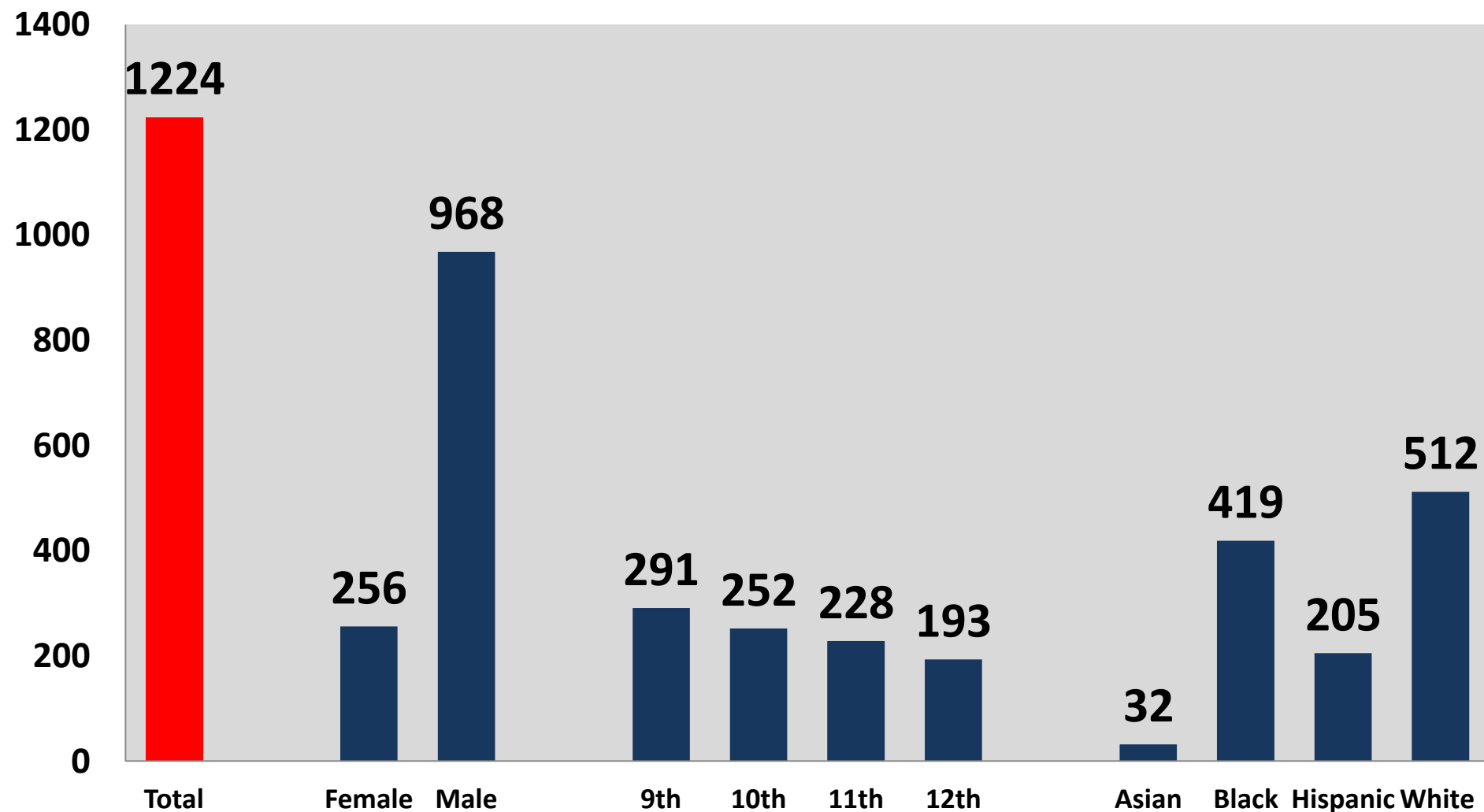
9th-12th Grade Student 2012-2013



Alcohol - Under the Influence/Possession/Distribution/Sale 9th-12th Grade Students 2012-2013

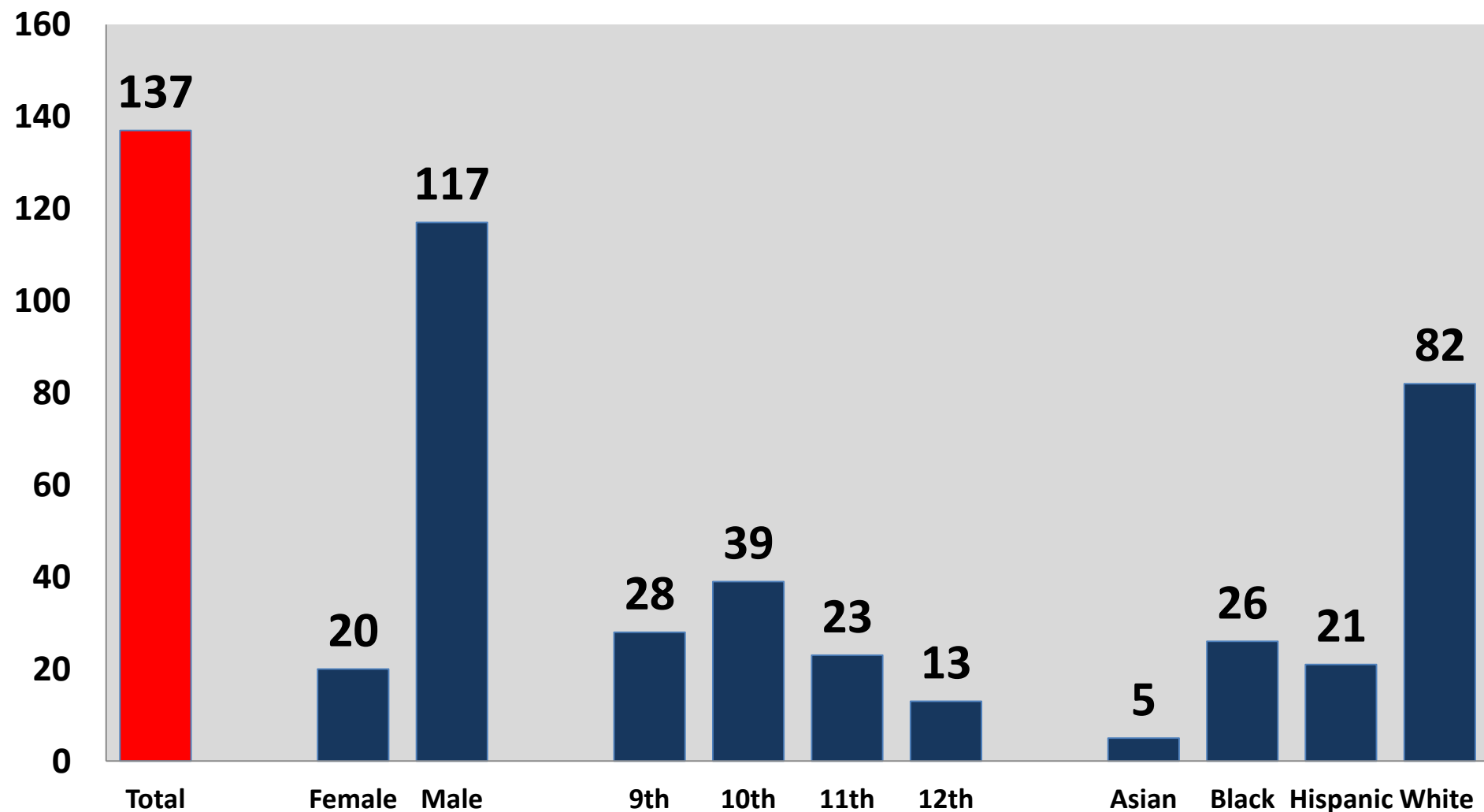


Marijuana Possession/ Use of Schedule I/II 9th-12th Grade Students 2012-2013



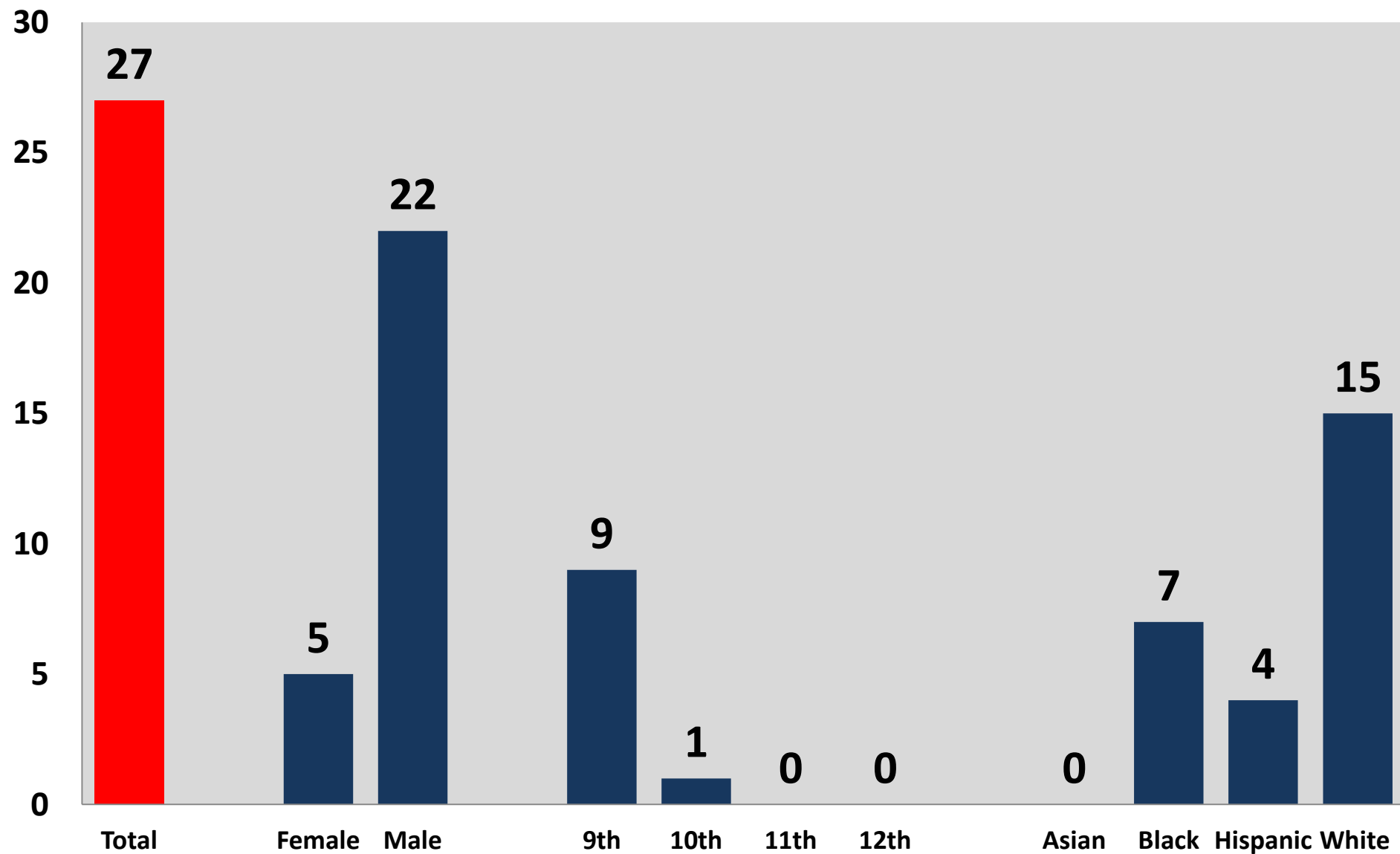
Marijuana - Sale/Distribution of Schedule I/II Drugs

9th-12th Grade Students 2012-2013



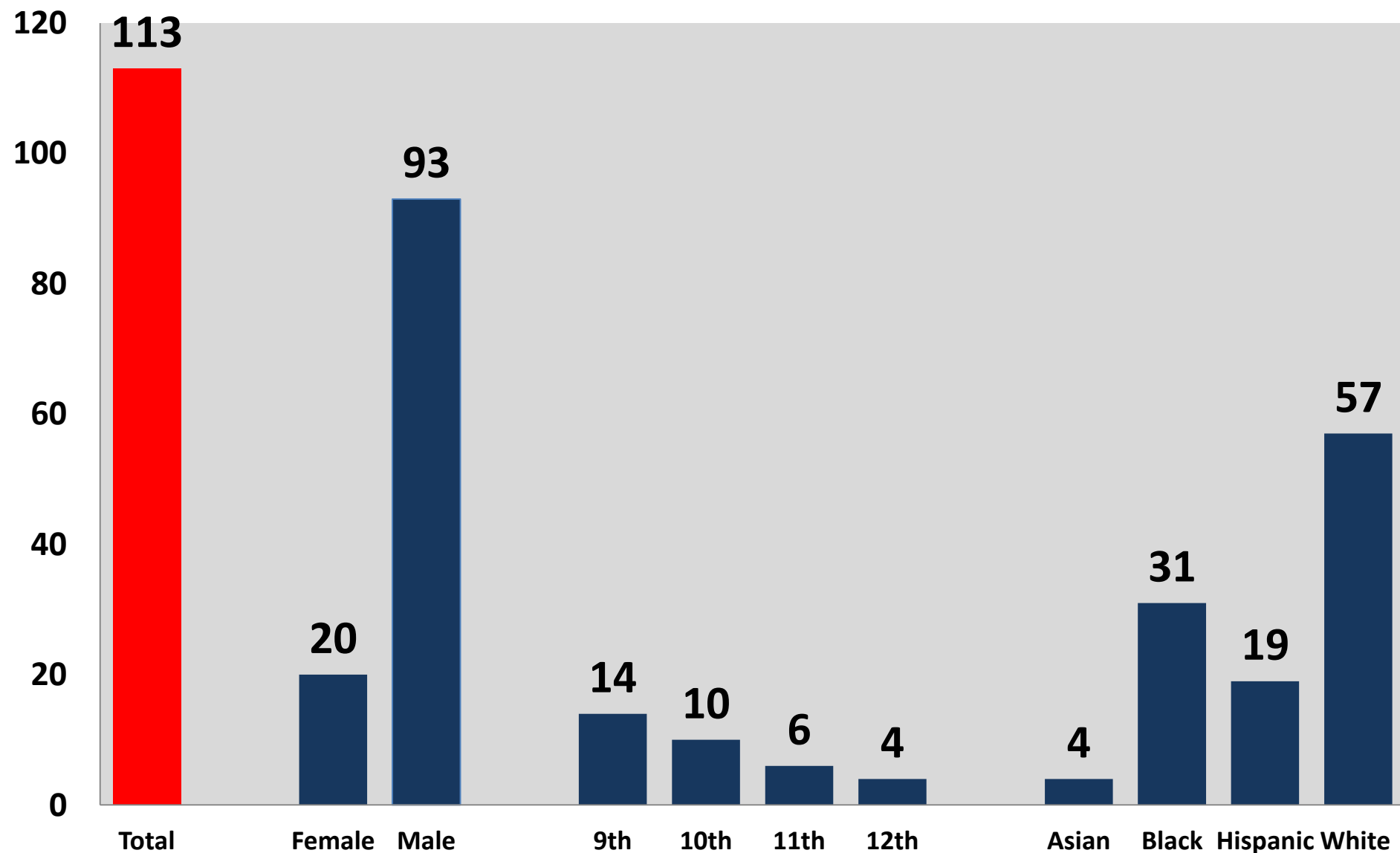
Use of Inhalants

9th-12th Grade Students 2012-2013



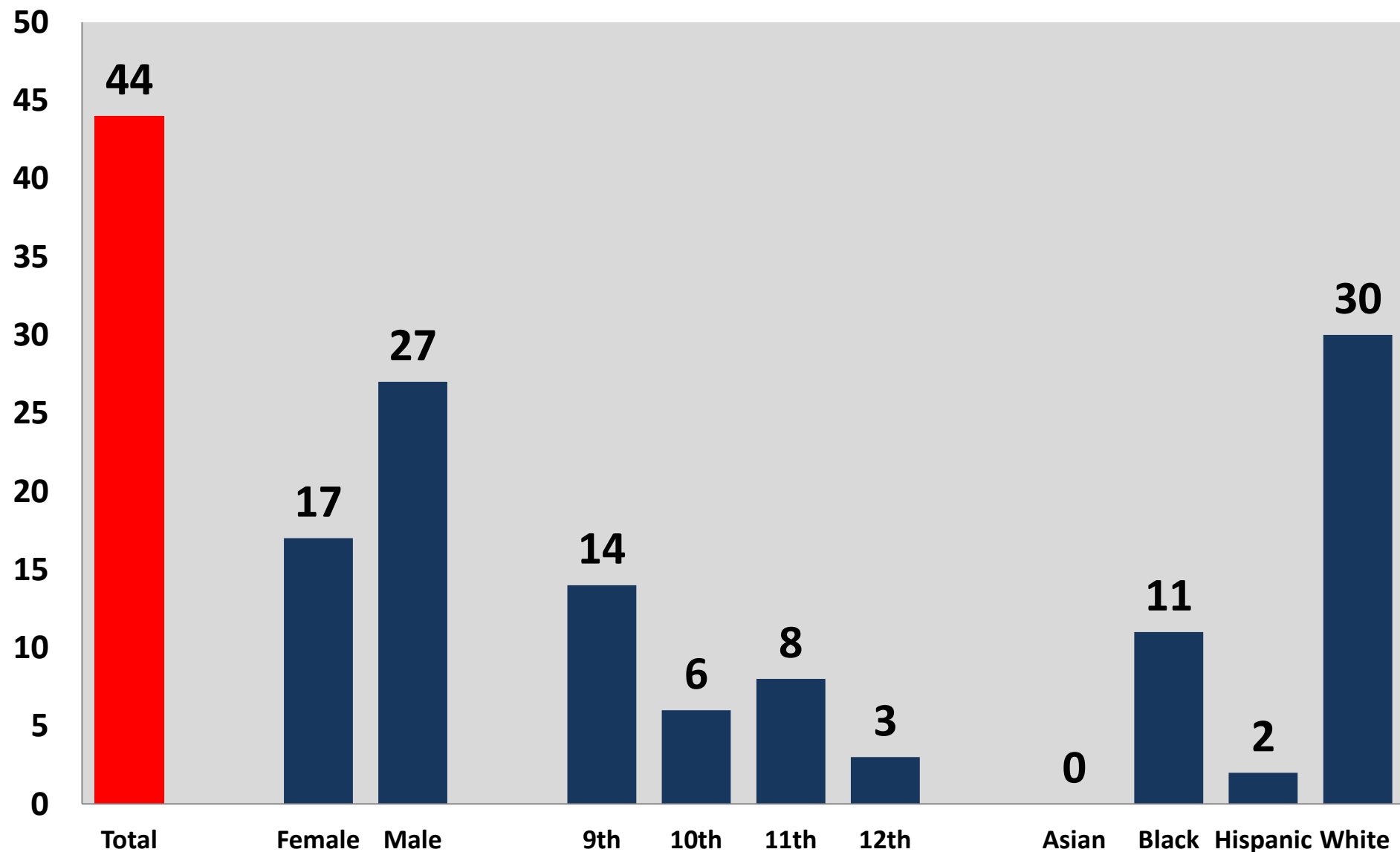
Possession/Use of Look-A-Like Drugs

9th-12th Grade Students 2012-2013

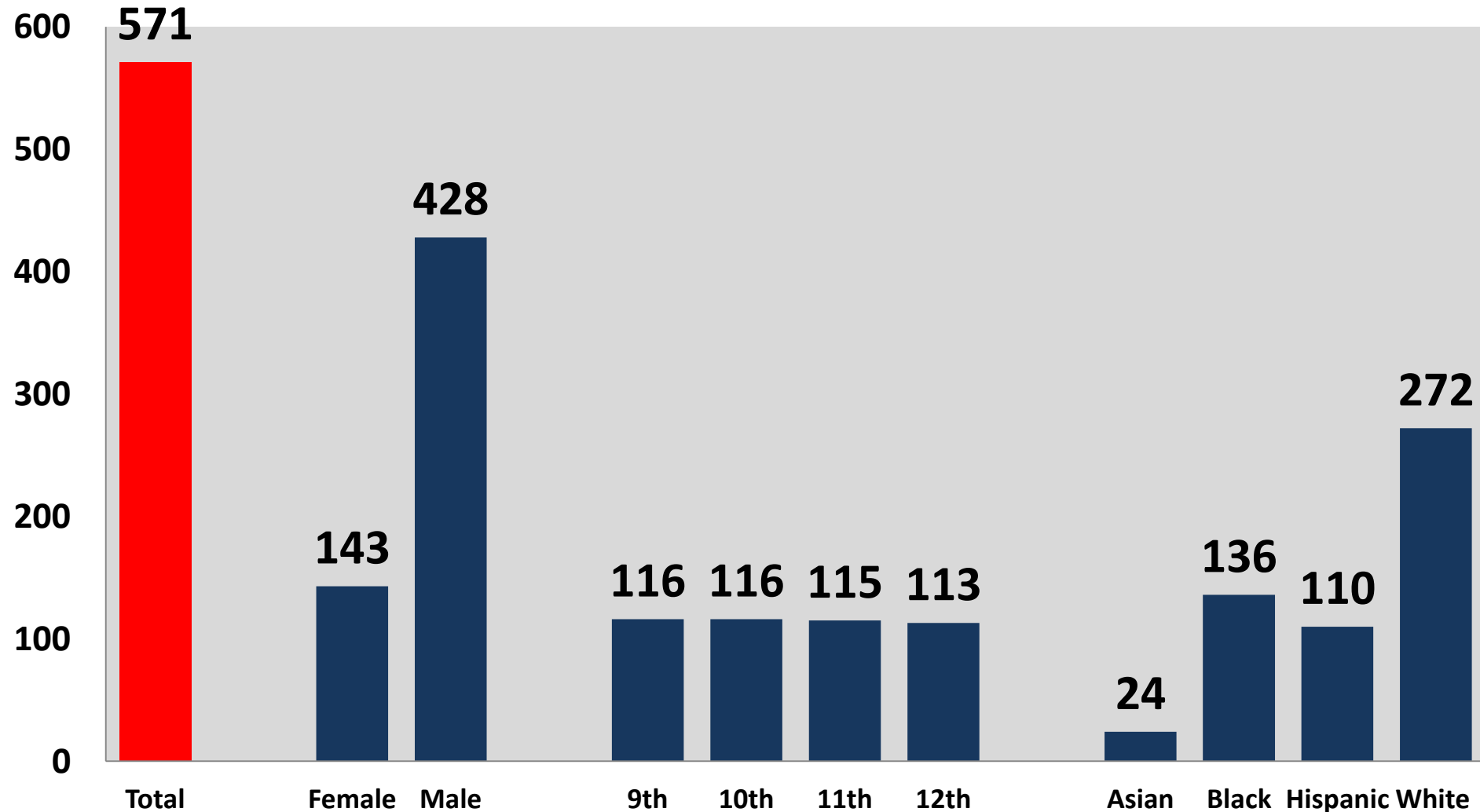


Theft of Prescription Medication

9th-12th Grade Students 2012-2013



Use/Possession/Safe/Distribution of Schedule III/IV drugs 9th-12th Grade Students 2012-2013



Education

Code of Virginia

Virginia Administrative Codes

Virginia Board of Education

Virginia Department of Education

2011-2012 Offenses	Count	Percent of Violations
Tobacco	4,030	2.29
Drug Possession/Use of Schedule I and II Drugs	2,035	1.16
Drug Violations Schedule III-IV Possession/Sale/Paraphernalia	902	0.51
Alcohol	745	0.42
Tobacco Paraphernalia to School Events	456	0.26
Drug Violations Schedule I and II Anabolic Steroid, Marijuana—Sale/Distribution	283	0.16
Over-the-Counter Medication/Possession	229	0.13
Drug Violation – look-a-like – Use/Possession	200	0.11
Over-the-Counter Medication Use	71	0.040
Over-the-Counter Medication Sale/Distribution	60	0.030
Use of Inhalants	29	0.020
Possession of Inhalants	14	0.010
	9,054	

2011-2012 Offenses Resulting in Expulsions

Offense	Offense Counts Resulting in Expulsions	Percentage of All 589 Expulsions
Use or Possession of Schedule I or II Drugs	185	31.41
Use, Possession, Sale, Distribution of Other Drugs	79	13.41
Tobacco Products	18	3.06
Alcohol	17	2.89
Over-the-Counter Medication Sale/Distribution	15	2.55
Drug Violations – Look-A-Like Use/Possession	9	1.53
	323	55.0

Disciplinary Actions In Lieu Of Expulsions

2010-2012 2,463 Offenses	No Action	Short-Term Suspension	Long-Term Suspensions	Total	Percentage
Drug Possession/Use of Schedule I and II Drugs	165	1,170	848	2,183	88.63
Drug Violations Schedule I and II/ Marijuana/ Sale/Distribution	17	94	131	242	9.83
2010-2011 2,102 Offenses					
Drug Possession/Use of Schedule I and II Drugs	111	1,149	614	1,874	89.15
Drug Violations Schedule I and II/ Marijuana/ Sale/Distribution	4	100	86	190	9.04

Disciplinary Outcomes Resulting From Alcohol Offences 2010-2011 and 2011-2012

	2010-2011		2011-2012	
Type	Count	Percentage	Count	Percentage
Short-Term Suspensions	877	75.73	720	72.36
Long-Term Suspensions	173	14.94	176	17.69
Other Actions	57	4.92	61	6.13
Expulsions	30	2.59	17	1.71
Modified Expulsions	21	1.81	20	2.01
Total	1,158		995	

Disciplinary Outcomes Resulting From Tobacco Offences 2010-2011 and 2011-2012

	2010-2011		2011-2012	
Type	Count	Percentage	Count	Percentage
Short-Term Suspensions	3,113	66.29	3,093	63.20
Long-Term Suspensions	52	1.11	51	1.04
Other Actions	1,182	4.92	1,468	30.05
Expulsions	24	0.51	19	0.39
Modified Expulsions	71	1.51	102	2.09
Special Education Interim Placement	5	0.11	6	0.12
Special Education In-School	249	5.30	201	4.11
Total	4,696		4,940	

Disciplinary Outcomes Resulting From Drug Offences 2010-2011 and 2011-2012

	2010-2011		2011-2012	
Type	Count	Percentage	Count	Percentage
Short-Term Suspensions	934	22.68	1,008	22.06
Long-Term Suspensions	326	7.91	306	6.70
Other Actions	93	2.25	113	2.47
Expulsions	407	9.88	370	8.10
Modified Expulsions	2,217	53.82	2,662	58.25
Special Education Interim Placement	121	2.94	108	2.36
Special Education In-School	21	0.51	3	0.07
Total	4,119		4,940	

Code of Virginia

§ 22.1-207. Physical and health education.

- Physical and **health education** shall be emphasized throughout the public school curriculum by lessons, drills and physical exercises, and all pupils in the public elementary, middle, and high schools shall receive as part of the educational program such health instruction and physical training as shall be prescribed by the Board of Education and approved by the State Board of Health.
- (Code 1950, §§ 22-237, 22-243; 1980, c. 559; 1991, c. 178.)

Virginia Administrative Code

8VAC20-310-10. Health education program.

Chapter 310 RULES GOVERNING INSTRUCTIONS CONCERNING DRUGS AND SUBSTANCE ABUSE

The **Board of Education** recognizes that the illegal and inappropriate use of certain substances constitutes a hazard to the development of students. Elementary and secondary schools shall include in the health education program instruction in drugs and drug abuse.

Therefore, the public schools of the Commonwealth shall:

1. Be concerned with education and prevention in all areas of substance use and abuse.

Virginia Administrative Code

8VAC20-310-10. Health education program (continued).

Chapter 310 RULES GOVERNING INSTRUCTIONS CONCERNING DRUGS AND SUBSTANCE ABUSE

2. Establish and maintain a realistic, meaningful substance abuse prevention and education program that shall be developed and incorporated in the total education program.
3. Establish and maintain an ongoing in-service substance abuse prevention program for all school personnel.
4. Cooperate with government and approved private agencies involved with health of students relating to the abuse of substances.

Virginia Administrative Code

8VAC20-310-10. Health education program (continued).

Chapter 310 RULES GOVERNING INSTRUCTIONS CONCERNING DRUGS AND SUBSTANCE ABUSE

5. Encourage and support pupil-run organizations and activities that will develop a positive peer influence in the area of substance abuse.
6. Create a climate whereby students may seek and receive counseling about substance abuse and related problems without fear of reprisal.

Statutory Authority

§§ [22.1-16](#) and [22.1-206](#) of the Code of Virginia. Historical Notes

Derived from VR270-01-0030 § 1, eff. September 1, 1980.

Board of Education

2012-2017 Comprehensive Plan

Goal 7: Safe and Secure Schools

- *The Board of Education will provide leadership to create safe and secure school environments.*
- Every student deserves to attend a safe school in which students, teachers and support staff can concentrate on learning and not have to worry about disruption due to misbehavior, crime, or violence.

Board of Education

2012-2017 Comprehensive Plan (continued)

The Board of Education supports programs and policies for school wide and division wide safety and prevention plans that consistently address the needs of all students and encourage a safe and healthy learning environment. Through partnerships, resources, data collection, and evaluation, the Board of Education can do much to address the needs of children as well as those who are providing services that protect our children.

To further advance this goal, the Board will review and revise periodically:

*... Standards, consistent with state, federal and case laws, for **school board policies on alcohol and drugs**, gang-related activity, hazing, vandalism, trespassing, threats, search and seizure, disciplining of students with disabilities, intentional injury of others, self-defense, bullying, dissemination of such policies to students, their parents, and school personnel; and*

To further advance this goal, the Board will review and revise periodically: (continued)

Standards for in-service training of school personnel in and examples of the appropriate management of student conduct and student offenses in violation of school board policies.

Board of Education

2012-2017 Comprehensive Plan (continued)

*...Continue collaborations for prevention programs in schools - **The Board supports the Department's ongoing collaborations with other state agencies to provide resources and strategies for schools to prevent drug and alcohol abuse**, child neglect and abuse, teen suicide, dropout and truancy, gang-related activity, and support bullying prevention.*

Board of Education Model Policies and Guidance Documents

- [Guidelines Concerning Student Drug Testing in Virginia Public Schools](#) (PDF) 2004
- [Student Conduct Policy Guidelines](#) (PDF) 2013

Virginia Administrative Code

8VAC20-320-10. Health education program.

- **Elementary and secondary schools shall present a comprehensive health education program which focuses on instruction related to alcohol and drug abuse, smoking and health**, personal growth and personal health, nutrition, prevention and control of disease, physical fitness, accident prevention, personal and family survival, environmental health, **mental health**, and consumer education. These shall be developed in accordance with procedures outlined in the Curriculum Guide for Health Education.
- Statutory Authority
- §§ [22.1-16](#) and [22.1-207](#) of the Code of Virginia.
- Historical Notes
- Derived from VR270-01-0031 § 1, eff. September 1, 1980

Health Standards of Learning (SOL)

Health SOL and Curriculum Framework

- Health Classes are mandatory kindergarten through tenth grade
- Health SOLs are updated every seven year
 - In July 2014 a review and revision process will begin
 - Public comment Process
 - Board of Education will review, revise and adopt

Department of Education Resources

- [Inhalant Abuse Prevention: Staff Education and Student Curriculum](#) (PDF) 2007
- [Celebrate Life – A Guide for Planning All Night Alcohol/Drug-Free Prom and Graduation Celebrations](#) (PDF) 2009
- [Student Assistance Programming: Creating Positive Conditions for Learning Manual](#) (PDF) 2013

Safe and Drug-Free Schools and Communities Act (SDFSCA) (USED Federal Funds) – History

- Funding decreased from \$8.2 million in 2004 to \$5.4 million in 2009 when it was eliminated
- Funding distributed to School Divisions, VDOE and the Governor's Office of Substance Abuse Prevention (GOSAP)
 - ✓ School Divisions - \$4.03 million
 - ✓ VDOE – \$304,070
 - ✓ GOSAP - \$1.08 million

GOSAP History

In Executive Directive 4 (2006), the GOSAP Collaborative was charged with responsibilities in three areas:

1. Fostering collaboration among stakeholders to enhance capacity, improve efficiency and produce results;
2. Enhancing infrastructure to sustain and integrate prevention practice; and
3. Collecting data to efficiently allocate resources and monitor results.

GOSAP Collaborative became the

Virginia Office for Substance Abuse Prevention Collaborative (VOSAP)

- Alcoholic Beverage Control
- Criminal Justice Services
- Education
- Fire Programs
- Health
- Juvenile Justice
- Behavioral Health & Developmental Services
- Motor Vehicles
- Social Services
- Virginia State Police
- Virginia National Guard
- Virginia Foundation for Healthy Youth

Collaborative Efforts

- Youth Alcohol and Drug Abuse Prevention Project ([YADAPP](#)) (Began in 1984 by VDOE)
 - 2009 Department of Alcoholic Beverage Control
 - 2,472 Students and adults attended
- Substance Abuse Awareness Vital for Virginia Youth ([SAVVY](#)) (2013)
 - Fourteen schools divisions and community partners received recognition

Now What?



Questions

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